

RESULTS FOR 1600 M RUN

Female Age Group Records:

50-54	Joanne Carter	Alexandria	7:10	2015
55-59	Joanne Brenton	Alexandria	7:33	2016*
60-64	Hannah Phillips	Alexandria	7:30	2016*
65-69	Judy Snellgrove	Manassas	9:02	2011
70-74	Judy Snellgrove	Manassas	9:49	2016*
75-79	Mandy Whalen	Falls Church	10:54	2015

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	50	Sheila	Beard	McLean	9:02
F	55-59	Gold	55	Joanne	Brenton	Alexandria	7:33 *
F	55-59		59	Keg	Good	Woodbridge	DNP
F	55-59		59	Sharon	O'Neill	Annandale	DNP
F	60-64	Gold	64	Hannah	Phillips	Alexandria	7:30 *
F	70-74	Gold	70	Judy	Snellgrove	Manassas	9:49 *
F	75-79	Gold	76	Mandy	Whalen	Falls Church	11:05

Male Age Group Records

50-54	Duane Williamson	Warrenton	5:28	2015
55-59	Clifton Anderson	Warrenton	5:47.0	2013
60-64	Clifton Anderson	Warrenton	5:50.59	2014
65-69	Paul Ryan	Arlington	6.00	2016*
70-74	Jason Page	Hamilton	6:23	2015
75-79	Carl Cox	Falls Church	8:15.69	2014
80-84	Peter Han	Alexandria	9:03.6	2013
85-89	Peter Han	Alexandria	8:02	2016*

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
M	50-54	Gold	54	Joseph	Stiskal	Reston	6:20
M	50-54		52	Duane	Williamson	Warrenton	DNP
M	55-59	Gold	55	Vincent	Langan	Warrenton	6:25
M	55-59	Silver	57	Stephan	Moretti	Springfield	6:32
M	55-59	Bronze	59	Aubrey	Toller	Woodbridge	6:36
M	55-59	4	57	Thomas	Carroll	Chantilly	6:55
M	55-59	5	55	Ted	Poulos	McLean	9:04
M	55-59		56	Michael	Ambrose	Alexandria	DNP

M	60-64	Gold	60	Michael	Kappel	Arlington	6:34	
M	60-64	Silver	63	Tom	Weber	Lorton	6:55	
M	60-64	Bronze	63	David	Kelly	Alexandria	7:34	
M	60-64	4	60	Joe	Lerner	Arlington	7:44	
M	60-64		62	David	Mann	Fairfax	DNP	
M	65-69	Gold	65	Paul	Ryan	Arlington	6:00 *	
M	70-74	Gold	71	Jason	Page	Hamilton	6:39	
M	70-74	Silver	70	Stephen	Banks	Springfield	7:12	
M	70-74	Bronze	71	Dennis	DeRiggi	Arlington	8:32	
M	75-79	Gold	79	Ken	Quincy	Vienna	8:48	
M	75-79	Silver	75	George	Brown	Fairfax	9:04	
M	75-79		78	Carl	Cox	Falls Church	DNP	
M	85-89	Gold	86	Peter	Han	Alexandria	8:02 *	