

**Results for 1600 M Walk 2016**

**Female Age Group Records:**

**1600 METER WALK - INDOOR TRACK - WOMEN**

50 - 54	Monica Hill	Woodbridge	12:48	2015
55 - 59	Maryann Schwab	Fairfax	11:01	2007
60 - 64	Maryann Schwab	Fairfax	11:44	2010
65 - 69	Debbi Miller	Fairfax	12:30.59	2014
70 - 74	Dorothy Skinner	Alexandria	12:02	2007
75 - 79	Dorothy Skinner	Alexandria	12:47.9	2009
75 - 79	Mandy Whalen	Falls Church	12:48.0	2015
80 - 84	Mary Boska	Alexandria	13:50	2007
90 - 94	Mary Lathram	Falls Church	17:57.7	2009

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	55-59	Gold	55	Monica	Hill	Woodbridge	12:46.8
F	55-59		59	Keg	Good	Woodbridge	DNP
F	60-64	Gold	62	Deedee	Smith	Falls Church	11:48.72
F	65-69	Gold	69	Carol	Banks	Springfield	13:44.69
F	65-69	Silver	68	Debbi	Miller	Fairfax	14:18.21
F	70-74	Gold	70	Beth	Baynes	Arlington	12:18.90
F	70-74	Silver	73	Kristin	Krombein	Falls Church	17:13.84
F	75-79	Gold	76	Mandy	Whalen	Falls Church	12:59.25
F	75-79	Silver	75	Judi	Adams-Evan	New Haven	15:17.59
F	75-79		78	Nancy	Gesswein	Great Falls	DNP
F	75-79		79	Sara	Mason	Springfield	DNP
F	80-84		84	Gloria	Reisman	Falls Church	DNP

**Male Age Group Records**

**1600 METER WALK - INDOOR TRACK - MEN**

50 - 54	Peter Blank	Annandale	9:47	2007
55 - 59	Peter Blank	Annandale	9:07.8	2009
60 - 64	Thomas Augustine	Woodbridge	10:22	2012
65 - 69	Ron Hoffman	Sterling	10:18.7	2009
70 - 74	Richard Deringer	Annandale	11:04.8	2009
75 - 79	James W.C. Chang	Oakton	11:44	2012
80 - 84	James W.C. Chang	Oakton	12:05.8	2015
85 - 89	Joseph Peters	Great Falls	13:16	2007

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time	
M	60-64	Gold	61	Albert	Arcand	Woodbridge	10:33.50	
M	60-64	Silver	61	Jim	Gleason	Reston	11:37.37	
M	60-64	Bronze	63	Rob	Aaront	Centreville	13:02.53	
M	65-69		65	Allan	Dosik	Arlington	DNP	
M	70-74		72	Ralph	Tapp	Warrenton	DNP	
M	75-79	Gold	78	Charles	Morris	Falls Church	12:44.53	
M	75-79	Silver	79	Roger	Webb	Ashburn	14:53	
M	75-79		77	Herb	Levitan	Arlington	DNP	
M	75-79		79	George	Royall	Arlington	DNP	
M	80-84	Gold	80	Elmer	Premo	Arlington	18:37.9	
M	80-84		83	Tom	Quinn	Arlington	DNP	
M	85-89		86	Kent	Halstead	Arlington	DNP	
M	90-94		90	Marvin	Bryant	Lake Ridge	DNP	