

Results for 200 M Run

Female Age Group Records:

200 METER RUN - INDOOR TRACK - WOMEN

50 - 54	Saskia Estupian-Day	McLean	34.3	2009
55 - 59	Hannah Phillips	Alexandria	36.10	2008
60 - 64	Mary White	Arlington	37.2	2009
65 - 69	Mary White	Arlington	41.15	2012
70 - 74	Lee Glassco	McLean	56.75	2007
75 - 79	Mandy Whalen	Falls Church	59.44	2015
80 - 84	Josephine Stewart	Manassas	46.4	2008
85 - 89	Josephine Stewart	Manassas	51.72	2012
90 - 94	Josephine Stewart	Manassas	51.0	2013

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	52	Susan	Harman	Centreville	40.38
F	50-54	Silver	50	Sheila	Beard	McLean	41.37
F	55-59	Gold	59	Keg	Good	Woodbridge	37.03
F	55-59	Siilver	58	Kathleen	Wilson	Springfield	40.88
F	55-59	Bronze	55	Joanne	Brenton	Alexandria	42.65
F	65-69	Gold	68	Debbi	Miller	Fairfax	1:01:03
F	70-74		70	Mary	White	Arlington	DNP
F	75-79	Gold	76	Mandy	Whalen	Falls Church	1:01.35
F	80-84	Gold	83	Alease	Brooks	Arlington	1:33.29
F	85-89		85	Velma	Grier	Alexandria	DNP

Male Age Group Records

200 METER RUN - INDOOR TRACK - MEN

50 - 54	Victor Painter	Arlington	28.46	2007
55 - 59	Sola Cole	Arlington	28.90	2008
60 - 64	Schuyler Webb	Arlington	27.68	2014
65 - 69	Schuyler Webb	Arlington	27.31	2016*
70 - 74	Clarence John Wells-Martin	Herndon	33.36	2016*
75 - 79	Hal Goolsby	McLean	35.69	2007
80 - 84	Hal Goolsby	McLean	41.34	2014
85 - 89	Kent Halstead	Arlington	48:09	2015

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
M	50-54	Gold	50	Robert	Forsythe	Annandale	28.03 *

M	50-54	Silver	52	Duane	Williamson	Warrenton	30.06	
M	50-54	Bronze	54	Lawrence	Lewis	Alexandria	30.09	
M	50-54	4	52	Rich	Taylor	Arlington	30.31	
M	50-54	5	53	Zachary	McBride	Woodbridge	34.66	
M	50-54	6	54	Joseph	Stiskal	Reston	35.72	
M	55-59	Gold	56	Brandon	White	Woodbridge	29.40	
M	55-59	Silver	56	Matthew	Mohler	Herndon	31.84	
M	55-59	Bronze	57	Stephan	Moretti	Springfield	32.57	
M	55-59	4	59	Kamran	Khan	Springfield	34.14	
M	55-59	5	57	Thomas	Carroll	Chantilly	34.23	
M	55-59		56	Everton	Barrett	Fairfax	DNP	
M	55-59		57	Charles	Crum	Bealeton	DNP	
M	60-64	Gold	61	Douglas	Hill	Woodbridge	33.72	
M	60-64	Silver	62	Barry	Emswiler	Herndon	34.56	
M	60-64	Bronze	63	David	Kelly	Alexandria	40.64	
M	60-64		61	Gregg	Pane	McLean	DNP	
M	65-69	Gold	65	Schuyler	Webb	Arlington	27.31 *	
M	65-69	Silver	67	Doug	Hastings	Alexandria	32.46	
M	65-69	Bronze	65	Charles	Appler	Springfield	32.78	
M	65-69	4	68	Eiji	Yasuhara	Sterling	33.65	
M	65-69	5	67	Dan	Williams	Reston	34.04	
M	65-69	6	66	Michael	Hanifin	Manassas	34.57	
M	65-69		65	Wendell	Williams	Warrenton	DNP	
M	70-74	Gold	70	Clarence John	Wells-Martin	Herndon	33.36 *	
M	70-74	Silver	73	Daniel	Durante	Gainesville	35.65	
M	70-74	Bronze	72	Donald	Meli	Annandale	37.03	
M	70-74	4	71	Jason	Page	Hamilton	37.06	
M	70-74		70	James	Etter	Fairfax	DNP	
M	70-74		71	James	Spencer	Alexandria	DNP	
M	75-79	Gold	77	J.J.	Smith	Alexandria	37.36	
M	75-79	Silver	77	Herb	Levitan	Arlington	52.56	
M	75-79	Bronze	76	Carlos	Rodriguez	Dumfries	52.65	
M	80-84	Gold	81	Hyung	Park	Springfield	43.22	
M	80-84	Silver	81	Jerry	Bradley	Oakton	45.25	
M	80-84	Bronze	82	Robert	Hannah	Oakton	51.85	
M	80-84	4	84	Vaithilingam	Thuraisamy	Leesburg	53.34	
M	80-84	5	80	William	Nehrke	Spotsylvania	1:32.28	
M	85-89	Gold	86	Kent	Halstead	Arlington	51.46	
M	85-89		86	Peter	Han	Alexandria	DNP	