

2018 NVSO EVENT REGISTRATION

Complete one form per person. The basic registration fee is \$13. Add \$2 for each event. Additional fees for bowling, cycling, golf and orienteering. It is the participant's responsibility to enter events that do not overlap, except for field events. Most competitions are held by age group and divided by men and women. Indicate where noted, **Level** of play: B=Beginner (1.0-2.5), I=Intermediate (3.0-3.5), A=Advanced (4.0-5.0); and **Partner**.

Name: _____ T-Shirt size (* see note below) Small__ Medium__ Large__ XL__ XXL__

Each Box represents one event. **5 YEAR AGE GROUP EVENTS** **10 YEAR AGE GROUP EVENTS**

Check Event(s) you will be entering

5 YEAR AGE GROUP EVENTS

- Cycling 10K Time Trial
- Cycling 20K Time Trial
- Football Throw
- Frisbee Throw
- Golf (Partner _____)
- Handball Singles (Level _____)
- Handball Doubles (Level _____)
Partner _____
- Miniature Golf
- Orienteering: Beginner Course
- Orienteering: Advanced Course
- Racquetball (Level _____)
- Rowing
- Softball Hit
- Softball Throw
- Ten Pin Bowling
League Name: _____
Average: _____ Sanct: Y or N
Bowling House _____
- Volleyball
- Wii Bowling

Swimming & Diving

- Backstroke - 50 yds
- Backstroke - 100 yds
- Breaststroke - 50 yds
- Breaststroke - 100 yds
- Freestyle - 50 yds
- Freestyle - 100 yds
- Freestyle - 900 yds (~1/2 mile)
- Diving

Track Events

- 60 Meter Dash
- 200 Meter Dash
- 400 Meter Run
- 400 Meter Walk
- 800 Meter Run
- 800 Meter Walk
- 1600 Meter Run
- 1600 Meter Walk
- 3 mile Walk
- Road Race 5K

Field Events

- Standing Long Jump
- Running Long Jump
- High Jump
- Discus
- Shot Put
- Mini Javelin

10 YEAR AGE GROUP EVENTS

Badminton

- Singles (Level _____)
- Doubles (Level _____)
Partner _____
- Mixed Doubles (Level _____)
Partner _____
- 3-on-3 Basketball (men)
- Basketball Field Goals
- Basketball Free Throws
- Bocce
- Horseshoes
- Sudoku

- Eight Ball Pool
- Nine Ball Pool
- Table Tennis (Level_____)

Tennis

- Singles (Level _____)
- Doubles (Level _____)
Partner _____

Pickleball

- Singles (Level _____)
- Doubles (Level _____)
Partner _____
- Mixed Doubles (Level _____)
Partner _____

20 YEAR AGE GROUP EVENTS

- Yo-Yo (50-69, 70-89, 90+)

NO AGE GROUP EVENTS

- Beach Ball Wallyball (Level _____)
- Bridge-Duplicate (Partner _____)
- Bunco
- Canasta-Duplicate (Partner _____)
- Chess - Rapid
- Cornhole Toss
- Singles
- Doubles
Partner _____
- Mixed Doubles
Partner _____
- Cribbage
- Croquet-9 Wicket
- Dominoes - Mexican Train
- Mah Jongg - American Style
- Rummikub
- Scrabble

Mail Payment to: NVSO c/o Peter McGuirk, 1640 N Harrison Street, Arlington, VA 22205

Team Registration: Men's 3x3 Basketball, Volleyball and Wallyball can register online individually or as a team. For teams registering by mail, the team captain must submit a completed and signed registration form for each member of the team and send with paymeants in one envelope. All team members must clearly identify team name on their registration form:

Team Name: _____ Team Captain: _____

*** NOTE:** If you enter a second or more events at a different location(s) you must pick up your T-shirt at the first location. T-shirts will not be available at later events

Team Members: _____

Registration Fee	\$13.00	
Number of events _____ x \$2.....	\$	
Bowling (includes 3 Games plus lunch) add \$10	\$	For Office Use Only
Cycling 10K (traffic police & elect timer) add \$ 5	\$	Check #:
Cycling 20K add \$ 5	\$	
Golf (Green fees,drive range, cart & lunch) add \$51	\$	Bank Name:
Orienteering (maps, epunch, compass) \$ 5 to be collected on site	\$ xxxxx	Amount: \$
I would like to make a tax deductible contribution to the NVSO.....	\$	Date Rec'd:
TOTAL AMOUNT ENCLOSED	\$	

Interested in becoming an NVSO volunteer? Contact RSVP Northern Virginia at (703) 403-5360 or email rsvp@volunteerfairfax.org