

Record Holders: Male

3 MILE WALK - INDOOR TRACK - MEN

50 - 54	Peter Blank	Annandale	31: 55	2007
55 - 59	Peter Blank	Annandale	29.15	2009
60 - 64	Victor Litwinski	McLean	32:37	2007
65 - 69	Ron Hoffman	Sterling	32:08	2009
70 - 74	Richard Deringer	Annandale	34:37	2007
75 - 79	Edward Arriaga	Arlington	34:39	2007
80 - 84	Edwardo Arriaga	Arlington	36:47	2012
85 - 89	Jorge Soler	Falls Church	41:30	2010
90 - 94	Jorge Soler	Falls Church	48.24	2014

Sex	Age Group	Place	Age	Firstname	Surname	City	Score/Time
M	50-54	Gold	52	Paul	Hession	Fairfax	39:44
M	50-54		51	Brett	Baughman	Woodbridge	DNP
M	55-59	Gold	59	Arthur	Skaer	South Riding	41:59
M	55-59	Silver	58	Michael	Soler	Manassas	53:18
M	60-64		63	Ernie	Satterwhite	McLean	DNP
M	65-69	Gold	65	Rob	Aaront	Centreville	38:09
M	70-74	Gold	74	Glen	Sickels	Haymarket	47:54
M	70-74	Silver	74	Harry	Jones	Burke	48:30
M	70-74		70	Gerald	Patterson	Alexandria	DNP
M	70-74		74	Gerald	Scott	Ashburn	DNP
M	75-79	Gold	78	Karl	Mueller	Alexandria	38:35
M	75-79	Silver	75	Victor	Litwinski	McLean	38:42
M	75-79	Bronze	76	Joe	McIntosh	Arlington	40:29
M	75-79	4	79	Jean	Reed	Falls Church	52:00
M	80-84	Gold	82	Alan	Wile, Jr.	Arlington	41:36
M	80-84	Silver	84	Bill	Walker	Ashburn	42:26
M	80-84	Bronze	81	Roger	Webb	Ashburn	44:12
M	80-84	4	80	James	Harper	Ashburn	45:26
M	80-84		81	C. Ward	Morris	Falls Church	DNP
M	85-89	Gold	85	Thomas	Tobias	Haymarket	41:38
M	85-89		87	Bruce	Roth	Woodbridge	DNP
M	90-94		90	Leonard	Kalkwarf	Springfield	DNP
M	90-94		94	Jorge	Soler	Falls Church	DNP