

**Results for 60 M Dash**

**Female Age Group Records:**

50 - 54	Danita Moses	Alexandria	9.81	2011
55 - 59	Danita Moses	Alexandria	9.90	2015
60 - 64	Mary White	Arlington	9.89	2007
65 - 69	Mary White	Arlington	10.15	2012
70 - 74	Mary White	Arlington	11.10	2016*
75 - 79	Lee Glassco	McLean	14.41	2007
80 - 84	Josephine Stewart	Manassas	12.09	2007
85 - 89	Josephine Stewart	Manassas	12.70	2010
90 - 94	Josephine Stewart	Manassas	13.7	2013

**List of Registered Participants 2016**

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	50	Sheila	Beard	McLean	10.50
F	50-54	Silver	52	Susan	Harman	Centreville	10.78
F	55-59	Gold	59	Keg	Good	Woodbridge	10.27
F	55-59	Silver	55	Joanne	Brenton	Alexandria	11.25
F	55-59	Bronze	55	Monica	Hill	Woodbridge	15.06
F	60-64	Gold	63	Tsipi	Mercurio	Reston	10.17
F	65-69	Gold	67	Shirley	Lucas	Vienna	14.35
F	65-69	Silver	68	Debbi	Miller	Fairfax	16.07
F	70-74	Gold	70	Mary	White	Arlington	11.10 *
F	75-79	Gold	76	Mandy	Whalen	Falls Church	15.94
F	75-79	Silver	74	Judi	Adams-Evans	New Haven	18.00
F	75-79		77	Mary Lou	D'Alessandris	Falls Church	DNP
F	80-84	Gold	83	Alease	Brooks	Arlington	21.02
F	80-84		82	Olga	Jevtich	Fairfax	DNP
F	85-89	Gold	85	Velma	Grier	Alexandria	17.47
F	90-94	Gold	92	Eva	Sorensen	Springfield	28.93

**Male Age Group Records**

50 - 54	David Hobbs	Arlington	8.01	2012
55 - 59	Charles Crum	Bealeton	8.3	2013
60 - 64	Schuyler Webb	Arlington	7.85	2014
65 - 69	Schuyler Webb	Arlington	7.97	2016*

70 - 74	Clarence-John Wells-Martin	Herndon	9.42	2016*
75 - 79	Richard Enrico	Ashburn	9.7	2008
80 - 84	Harry Dietz	Fairfax	11.06	2011
85 - 89	Dana Hodgdon	McLean	12.3	2008
90 - 94	Andy Simko	Springfield	15.19	2008

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
M	50-54	Gold	54	Lawrence	Lewis	Alexandria	8.10
M	50-54	Silver	52	Rich	Taylor	Arlington	8.41
M	50-54	Bronze	53	Zachary	McBride	Woodbridge	8.55
M	50-54	4	50	Robert	Forsythe	Annandale	8.56
M	55-59	Gold	56	Brandon	White	Woodbridge	8.47
M	55-59	Silver	59	Aubrey	Toller	Woodbridge	9.25
M	55-59	Bronze	57	Michael	Daigneault	Vienna	9.27
M	55-59	4	59	Kamran	Khan	Springfield	9.28
M	55-59	5	57	Stephan	Moretti	Springfield	9.80
M	55-59	6	58	David	Elkind	Arlington	9.84
M	55-59	7	57	Thomas	Carroll	Chantilly	9.97
M	55-59		57	Charles	Crum	Bealeton	DNP
M	60-64	Gold	62	Ron	Adams	Springfield	8.60
M	60-64	Silver	62	Barry	Emswiler	Herndon	9.54
M	60-64	Bronze	61	Douglas	Hill	Woodbridge	9.80
M	60-64	4	61	Gregg	Pane	McLean	9.84
M	60-64	5	63	David	Kelly	Alexandria	10.10
M	65-69	Gold	65	Schuyler	Webb	Arlington	7.97 *
M	65-69	Silver	67	Doug	Hastings	Alexandria	9.11
M	65-69	Bronze	65	Charles	Appler	Springfield	9.25
M	65-69	4	67	Dan	Williams	Reston	9.50
M	65-69	5	68	Eiji	Yasuhara	Sterling	9.56
M	65-69	6	66	Charles	Hughes	Annandale	9.84
M	65-69	7	66	Michael	Hanifin	Manassas	9.95
M	65-69	8	65	Wendell	Williams	Warrenton	10.09
M	70-74	Gold	70	Clarence John	Wells-Martin	Herndon	9.42 *
M	70-74	Silver	73	Daniel	Durante	Gainesville	9.93
M	70-74	Bronze	72	Donald	Meli	Annandale	10.48
M	70-74	4	70	Larry	Soufal	Falls Church	14.40
M	70-74		70	James	Etter	Fairfax	DNP
M	70-74		71	Gerald	Scott	Ashburn	DNP
M	70-74		71	James	Spencer	Alexandria	DNP
M	75-79	Gold	77	J.J.	Smith	Alexandria	10.78
M	75-79	Silver	76	Woody	Hair	Arlington	11.95

M	75-79	Bronze	78	Jim	Viggiani	Manassas	15.40	
M	75-79	4	77	Herb	Levitan	Arlington	15.50	
M	80-84	Gold	81	Hyung	Park	Springfield	11.25	
M	80-84	Silver	82	Joseph	Clement	Springfield	11.50	
M	80-84	Bronze	81	Jerry	Bradley	Oakton	12.10	
M	80-84	4	84	Vaithilingam	Thuraisamy	Leesburg	12.21	
M	80-84	5	80	William	Nehrke	Spotsylvania	24.11	
M	85-89	Gold	86	Kent	Halstead	Arlington	13.40	
M	85-89	Silver	88	John	Smucker	Alexandria	34.55	
M	85-89		87	Barry	Shelkin	Alexandria	DNP	