

E60 Meter Dash					
Female Record Holders					
50 - 54	Danita Moses	Alexandria	9.81	2011	
55 - 59	Danita Moses	Alexandria	9.90	2015	
60 - 64	Mary White	Arlington	9.89	2007	
65 - 69	Mary White	Arlington	10.15	2012	
70 - 74	Mary White	Arlington	11.10	2016	
75 - 79	Lee Glassco	McLean	14.41	2007	
80 - 84	Josephine Stewart	Manassas	12.09	2007	
85 - 89	Josephine Stewart	Manassas	12.70	2010	
90 - 94	Josephine Stewart	Manassas	13.7	2013	

List of Participants 2017							
Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	DNP	54	Sheryl	Williams	Alexandria	
F	55-59	Gold	56	Joanne	Shabelski	Alexandria	12.03
F	55-59	Silver	59	Greta	Budweg	Ashburn	12.43
F	55-59	Bronze	56	Monica	Hill	Woodbridge	14.53
F	55-59	DNP	59	Kathleen	Wilson	Springfield	
F	60-64	Gold	60	Keg	Good	Woodbridge	10.72
F	60-64	Silver	62	Sara	Fimiani	Chantilly	16.46
F	65-69	Gold	69	Debbi	Miller	Fairfax	16.40
F	70-74	Gold	72	Suzan	French	Ashburn	21.30
F	75-79	Gold	77	Mandy	Whalen	Falls Church	16.42
F	80-84	Gold	84	Alease	Brooks	Arlington	22.54
F	80-84	DNP	83	Violet	Mies	Ashburn	
F	90-94	Gold	94	Eva	Sorensen	Alexandria	34.00

Male Record Holders							
50 - 54	Zachary McBride	Woodbridge	7:81	2017*			
55 - 59	Charles Crum	Bealeton	8.3	2013			
60 - 64	Schuyler Webb	Arlington	7.85	2014			
65 - 69	Schuyler Webb	Arlington	7.85	2017*			
70 - 74	Clarence-John Wells-Martin	Herndon	9.42	2016			
75 - 79	Richard Enrico	Ashburn	9.7	2008			
80 - 84	Harry Dietz	Fairfax	11.06	2011			
85 - 89	Dana Hodgdon	McLean	12.3	2008			
90 - 94	Andy Simko	Springfield	15.19	2008			
List of Male Participants							
M	50-54	Gold	54	Zachary	McBride	Woodbridge	7.81*
M	50-54	Silver	53	Jeff	Shad	Alexandria	8.48
M	50-54	DNP	53	Robert	Tartt	Falls Church	
M	55-59	Gold	57	Brandon	White	Woodbridge	8.48
M	55-59	Silver	59	Stephan	Moretti	Springfield	10.25
M	55-59	DNP	59	Charles	Crum	Bealeton	
M	60-64	Gold	63	Ron	Adams	Springfield	8.72
M	60-64	Silver	60	Aubrey	Toller	Woodbridge	9.59
M	60-64	Bronze	60	Kamran	Khan	Springfield	13.21
M	65-69	Gold	66	Sky	Webb	Arlington	7.85*
M	65-69	Silver	69	Eiji	Yasuhara	Sterling	10.12
M	65-69	Bronze	67	Charles	Corry	Alexandria	12.77
M	65-69	DNP	68	Doug	Hastings	Alexandria	
M	65-69	DNP	69	Jeff	Young	McLean	
M	70-74	Gold	71	Clarence John	Wells-Martin	Herndon	9.45
M	70-74	Silver	74	Daniel	Durante	Gainesville	9.93

M	70-74	Bronze	73	Donald	Meli	Annandale	10.47	
M	70-74	4	73	John	Shippy	Arlington	10.66	
M	70-74	5	70	Gregory	Cleva	Arlington	12.00	
M	70-74	DNP	74	Robert	Price	Vienna		
M	75-79	Gold	79	J.J.	Smith	Alexandria	10.44	
M	75-79	Silver	79	Wayne	Willson	Haymarket	10.78	
M	75-79	Bronze	77	Woody	Hair	Arlington	11.50	
M	80-84	Gold	82	Hyung	Park	Springfield	12.44	
M	80-84	Silver	84	Joseph	Clement	Springfield	13.10	
M	80-84	Bronze	80	Charles	Battaglia	Alexandria	15.00	
M	80-84	DNP	82	Jerry	Bradley	Oakton		
M	85-89	Gold	87	Kent	Halstead	Arlington	13.48	
M	85-89	Silver	85	Don	McPhearson		13.56	
M	85-89	Bronze	87	John	Snyder	Arlington	14.38	
M	85-89	4	89	Leonard	Kalkwarf	Springfiled	21.00	
M	85-89	5	89	John	Smucker	Alexandria	38.84	
M	85-89	DNP	89	Barry	Shelkin	Alexandria		
M	85-89	DNP	85	Larry	Lasik	Herndon		
M	90-94	DNP	92	Dixon	Hemphill	Fairfax Station		