800 M Walk

Female Record Holders

50 – 54	Betty Williams	Manassas	5:50	2012
55 - 59	Maureen Ruel	Ashburn	5:20.00	2011
60 – 64	Keg Good	Woodbridge	5:41	2017*
65 - 69	Josephina Smith	Centreville	5:55.7	2013
70 - 74	Beth Baynes	Arlington	5:59	2016,2017*
75 – 79	Dorothy Skinner	Alexandria	5:59	2009
80 - 84	Mary Boska	Alexandria	6:32	2007
85 - 89	Bernie Kleinschmidt	Annandale	9:29	2007
90 - 94	Mary Lathram	Falls Church	7:29.00	2008

List of Participants 2017

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	50	Debrah	McBride	Woodbridge	6:40
F		Gold	56	Monica	Hill	Woodbridge	6:08
F	55-59	Silver	59	Greta	Budweg	Ashburn	6:38
F		DNP	56	Karen	Flaherty	Ashburn	
F	60-64	Gold	60	Keg	Good	Woodbridge	5:41*
F		Silver	62	Monica	Hoffman	Springfield	6:08
F		Bronze	62	Cindy	Hook	Annandale	6:43
F		4	62	Sara	Fimiani	Chantilly	6:44
F		DNP	63	Maureen	Ruel	Ashburn	
F	65-69	Gold	69	Debbi	Miller	Fairfax	6:54
F		Silver	68	Amy	Lee	Arlington	7:10
F		Bronze	69	Linda	Whitmore	Alexandria	7:12
F		DNP	65	Elizabeth	Hancock	Falls Church	
F	70-74	Gold	71	Beth	Baynes	Alexandria	5:59*
F		Silver	71	Chari	Bartolome	Arlington	7:02
F		Bronze	72	Suzan	French	Ashburn	7:03
F		4	74	Kristin	Krombein	Falls Church	6:48 ++
F		DNP	72	Jeanne	Mahoney	Reston	
					'++ Time for 3 laps instead of 4'		
F	75-79	Gold	77	Mandy	Whalen	Falls Church	6:14
F		Silver	77	Beverly	Franklin	Springfield	7:17
F		DNP	79	Nancy	Gesswein	Potomac Falls	
F		DNP	75	Lois	Karb	Fairfax	
F	80-84	Gold	83	Constance	Bubon	Ashburn	7:05
F		Silver	84	Alease	Brooks	Arlington	8:01
F	85-89	Gold	86	Janine	Bland	Arlington	7:24

Male Record Holders

50 - 54	Harold Dockins	Fairfax	4:35.84	2014
55 - 59	Peter Blank	Annandale	4:13	2009
60 - 64	Thomas Augustine	McLean	5:01.24	2014
65 - 69	Victor Litwinski	McLean	4.46	2009
70 - 74	Richard Deringer	Annandale	5:10.91	2008
75 - 79	Charles Morris	Falls Church	5:55	2016
80 - 84	Tom Quinn	Arlington	6:10	2012
85 – 89	Kent Halstead	Arlington	6:38	2017*
90 - 94	Edward Seeger	Falls Church	9:43	2007
95 – 99	Chester Christenson	Falls Church	13:07	2009

List of Male Participants

M	50-54	Gold	50	Brett	Baughman	Woodbridge	6:50
M	55-59	DNP	58	Arthur	Skaer	South Riding	
M	60-64	Gold	64	Rob	Aaront	Centreville	6:08
M		Silver	61	John	Schneider	Falls Church	7:38
M	65-69	Gold	69	Eiji	Yasuhara	Sterling	6:11
M		Silver	66	Allan	Dosik	Arlington	6:34
M		Bronze	66	Louis	Mazel	Falls Church	6:38
M		DNP	69	Gary	Cook	Lovettsville	
M		DNP	67	Thomas	Augustine	Woodbridge	
M	70-74	Gold	71	Ron	Asche	Burke	7:38
M		DNP	73	Chuck	Kleymeyer	Arlington	
M		DNP	73	Chuck	Kleymeyer	Arlington	
M	75-79	Gold	78	Herb	Levitan	Arlington	6:51
M		DNP	77	William	Hohner	Ashburn	
M	80-84	Gold	83	William	Walker	Ashburn	6:40
M		Silver	80	Roger	Webb	Ashburn	6:44
M		Bronze	82	Charles	Partridge	Arlington	6:45
M		4	84	Walter	Lundy	Falls Church	7:37
M	85-89	Gold	87	Kent	Halstead	Arlington	6:38*
M		Silver	89	Leonard	Kalkwarf	Springfiled	7:59
M		DNP	85	Donald	McPherson	Ashburn	
M		DNP	89	Frank	Manhardt	Arlington	