

Basketball Free Throws							
Female Record Holders							
<b>BASKETBALL FREE THROW - WOMEN</b>							
50 - 59	Pat Blackman			Arlington	24/25	1995	
	Mauren Pan			Alexandria	12/20	2016	
60 - 64	Cesarina Olschner			Alexandria	20/25	1986	
65 - 69	Carla Convery			Alexandria	22/25	1985	
70 - 74	Carla Convery			Alexandria	21/25	1993	
75 - 79	Bernie Kleinschmidt			Annandale	19/25	1999	
70 - 79	Nancy Joyner			Annandale	9/20	2016	
80 - 89	Mary Boska			Alexandria	19/25	2007	
List of Participants 2017							
Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-59	Gold	57	Lynn	Thompson	Fairfax	3/20
F	50-59	DNP	54	Colleen	Cornwell	Manassas	
F	50-59	DNP	54	Sheryl	Williams	Alexandria	
F	60-69	Gold	60	Andrea	Showers	Burke	11/20
F	60-69	Silver	65	Carol	Manning	Manassas	5/20
F	70-79	Gold	72	Nancy D	Joyner	Annandale	4/20
Male Record Holders							
<b>BASKETBALL FREE THROW - MEN</b>							
50 - 54	Peter Brewington			Centreville	20/25	2011	
55 - 59	Harold Skeins			Fairfax	25/25	1995	
50 - 59	Aubrey Seabrooks			Clinton	15/20	2016	
60 - 69	Harold Skeins			Fairfax	23/25	2002 & 2007	
	Charles Harris			Alexandria	17/20	2017*	
60 - 64	Harold Skeins			Fairfax	23/25	1999	
65 - 69	Richard Smith			Springfield	24/25	1997	
70 - 79	Peter McGuirk			Arlington	23/25	2015	
	Jay Holmes			Springfield	16/20	2016	
	Allan Kellum			McLean	16/20	2017*	
80 - 84	George Ryffel			Arlington	20/25	2000	
85 - 90	JR Cassidy			Manassas	14/25	2005	
80 - 89	James Martin			Alexandria	15/20	2016 & 2017*	
90 - 94	JR Cassidy			Manassas	16/25	2006	
List of Male Participants							
M	50-59	Gold	53	Robert	Tartt	Falls Church	12/20
M	50-59	Silver	50	Scott	Phillips	Alexandria	11/20
M	50-59	Bronze	59	Charles	Crum	Beaeton	

M	60-69	Gold	68	Charles	Harris	Alexandria	17/20 *
M	60-69	Silver	63	Robert	Smith	Gainesville	16/20
M	60-69	Bronze	61	Allen	Brooks	Triangle	15/20
M	60-69	4	61	John	Schneider	Falls Church	5/20
M	60-69	DNP	61	Mick	Upsher	Alexandria	
M	60-69	DNP	62	Gregg	Pane	McLean	
M	60-69	DNP	63	David	Mann	Fairfax	
M	60-69	DNP	63	Roger	Wagner	Vienna	
M	60-69	DNP	64	Ken	Freund	Alexandria	
M	70-79	Gold	72	Allan	Kellum	McLean	16/20 *
M	70-79	Silver	74	Jay	Holmes	Springfield	15/20
M	70-79	Bronze	70	Ron	Hauk	Haymarket	14/20
M	70-79	4	72	Paul	Van Hoozer	Arlington	13/20
M	70-79	5	70	Sam	Slowinski	Gainesville	12/20
M	70-79	6	76	Thomas	Bennett	Arlington	9/20
M	70-79	7	71	Dugald	Gillies	Arlington	8/20
M	70-79	7	74	Peter	McGuirk	Arlington	8/20
M	70-79	DNP	71	Ron	Asche	Burke	
M	70-79	DNP	72	Douglas	Cary	Great Falls	
M	70-79	DNP	73	Gerald	Scott	Ashburn	
M	70-79	DNP	74	Gerald	Rhoads	Burke	
M	70-79	DNP	78	Herb	Levitan	Arlington	
M	80-89	Gold	81	James	Martin	Alexandria	15/20 *
M	80-89	Silver	80	Andrew	Dixon	Fairfax	14/20
M	80-89	Bronze	82	Lawrence	Cohen	Sterling	4/20
M	80-89	DNP	81	Rosario	Rausa	Vienna	
M	80-89	DNP	81	Robert	Stroud	Hyattsville	
M	80-89	DNP	82	Del	Wilson	Burke	
M	80-89	DNP	83	Dallas	Chestnut	Fredericksburg	
M	80-89	DNP	89	Frank	Manhardt	Arlington	