

	Male Record Holders								
DISCUS - MEN									
50 - 54	Aivars Baumanis			Springfield	124' 2"			2006	
55 - 59	Leonard Olsen			Centreville	145' 7"			1990	
60 - 64	Leonard Olsen			Centreville	152' 0"			1991	
65 - 69	George Marmorino			Alexandria	114' 5"	34.87 M		2017*	
70 - 74	Robert Price			Vienna	115' 5"			2013	
75 - 79	Robert Laurents			Fairfax	92' 7 1/4"			1996	
80 - 84	J.R. Cassidy			Manassas	81' 1 3/4"			1995	
85 - 89	J.R. Cassidy			Manassas	66'			2000	
90 - 94	Charles Pistorino			McLean	54' 0"			2013	
95 - 99	J.R. Cassidy			Manassas	36' 4"			2010	
List of Male Participants									
M	50-54	Gold	51	Louis	Novak	Alexandria	22.34	73-3 1/2	
M	50-54	Silver	53	Robert	Tartt	Falls Church	20.1	65-11 1/4	
M	50-54	Bronze	50	Joseph	Sunday	Arlington	13.18	43-3	
M	55-59	Gold	58	Craig	Day	Falls Church	30.97	101-7 1/2	
M	55-59	Silver	58	Thomas	Carroll	Chantilly	18.89	61-11 3/4	
M	55-59	DNP	55	Tom	Gittins	Falls Church			
M	60-64	DNP	64	Ken	Freund	Alexandria			
M	65-69	Gold	69	George	Marmorino	Alexandria	34.87 *	114-5 *	
M	65-69	Silver	69	Eiji	Yasuhara	Sterling	21.97	72-1	
M	65-69	Bronze	66	Louis	Mazel	Falls Church	20.54	67-4 1/2	
M	70-74		1	72	Thomas	Sullivan	Oakton	32.21	105-8
M	70-74		2	74	Robert	Price	Vienna	31.32	102-9
M	70-74		3	73	Donald	Meli	Annandale	20.5	67-3 1/4
M	70-74		4	71	Clarence John	Wells-Martin	Herndon	18.51	60-8 3/4

M	70-74		5	71	Kevin	Culhane	Lorton	17.93	58-9 3/4
M	70-74		6	74	Jay	Holmes	Springfield	16.83	55-2 1/2
M	70-74	DNP		74	Norbert (Bud	Commons	Ashburn		
M	70-74	DNP		71	John	Cordyack	Reston		
M	75-79	Gold		75	George	Levendis	Arlington	25.6	84
M	75-79	Silver		75	Parviz	Youssefi	Gainesville	22.37	73-4 3/4
M	75-79	Bronze		78	Bernhard	Stamm	Ashburn	20.86	68-5 1/4
M	75-79		4	78	Herb	Levitan	Arlington	12.87	42-3
M	75-79			79	Wayne	Willson	Haymarket		
M	80-84	Gold		82	Jerry	Bradley	Oakton	15.33	50-3 1/2
M	80-84	Silver		80	Roger	Webb	Ashburn	10.29	33-9 1/4
M	85-89	Gold		85	Bill	Wieand	McLean	11.73	38-5 3/4
M	85-89	Silver			Leonard	Kalkwarf	Springfield	10.35	33-11 1/2
M	90-94	DNP		92	Dixon	Hemphill	Fairfax Station		