

**Results for Football Throw 2016**

**Female Age Group Records**

**FOOTBALL THROW - WOMEN**

**(New in 2012)**

50 - 54	Colleen Cornwell	Manassas	73'	2016*
55 - 59	Andrea Showers	Burke	69' 6"	2016*
60 - 64	Danita Arone	Manassas	33'	2013
65 - 69	Mary Schade	Arlington	41' 1"	2013
70 - 74	Georgia Fuller	Falls Church	44'	2016*
75 - 79	Jacqueline Stephens	Fairfax Station	31' 1"	2014
80 - 84	Patricia Gallagher	Springfield	18' 7"	2016*
85 - 89	Sheila Gildea	McLean	27' 4"	2016*

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	52	Colleen	Cornwell	Manassas	73' *
F	50-54	Silver	50	Sheila	Beard	McLean	70' 7"
F	55-59	Gold	58	Andrea	Showers	Burke	69' 6" *
F	55-59	Silver	58	Lori	Grimm	Arlington	66' 11"
F	55-59	Bronze	56	Lynn	Thompson	Fairfax	50' 2"
F	70-74	Gold	71	Georgia	Fuller	Falls Church	44' *
F	70-74	Silver	73	Gail	Johnson	Gainesville	26' 11"
F	70-74		70	Mary	Schade	Arlington	DNP
F	75-79	Gold	79	Jacqueline	Stephens	Fairfax Station	28' 9"
F	75-79	Silver	78	Irene	McDonnell	Falls Church	21' 7"
F	80-84	Gold	82	Patricia	Gallagher	Springfield	18' 7" *
F	85-89	Gold	86	Sheila	Gildea	McLean	27' 4" *
<b>Male Age Group Records</b>							

**FOOTBALL THROW - MEN**

**(New in 2012)**

50 - 54	Thomas Sampson	Centreville	132' 8"	2014
55 - 59	John Shafran	Great Falls	112'	2014
60 - 64	Charles Appler	Springfield	106' 8"	2014
65 - 69	Doug Hastings	Alexandria	110' 10"	2014
70 - 74	Frederick Hacker	Fairfax	104' 3"	2012
75 - 79	Bernhard Stamm	Ashburn	101' 6"	2014
80 - 84	Jerry Bradley	Oakton	71' 5"	2016*
85 - 89	Barry Shelkin	Alexandria	31' 2"	2016*

90 - 94		Charlie Edwards		Fairfax		26' 3"		2012	
List of Registered Participants 2016									
Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time		
M	55-59		56	Matthew	Mohler	Herndon	DNP		
M	60-64	Gold	60	John	Schneider	Falls Church	71' 1"		
M	60-64		63	Ken	Freund	Alexandria	DNP		
M	60-64		62	David	Mann	Fairfax	DNP		
M	60-64		61	Gregg	Pane	McLean	DNP		
M	60-64		62	Scott	Triplett	Haymarket	DNP		
M	65-69	Gold	65	Charles	Appler	Springfield	101' 8"		
M	65-69	Silver	68	Eiji	Yasuhara	Sterling	76' 8"		
M	65-69		69	Don	Sodo	Dumfries	DNP		
M	70-74	Gold	70	Clarence John	Wells-Martin	Herndon	115' 2"		
M	70-74	Silver	70	Thomas	Sullivan	Oakton	99' 5"		
M	70-74	Bronze	72	Donald	Meli	Annandale	71'		
M	70-74		72	Chuck	Kleymeyer	Arlington	58' 3"		
M	70-74		72	Peter	Graziano	Springfield	58' 2"		
M	70-74		70	John	Cordyack	Reston	DNP		
M	70-74		71	Gerald	Scott	Ashburn	DNP		
M	70-74		71	James	Spencer	Alexandria	DNP		
M	70-74		72	Ralph	Tapp	Warrenton	DNP		
M	70-74		71	Paul	Van Hoozer	Arlington	DNP		
M	75-79	Gold	77	Herb	Levitan	Arlington	63' 5"		
M	75-79	Silver	76	Carlos	Rodriguez	Dumfries	63' 4"		
M	75-79	Bronze	78	Jim	Viggiani	Manassas	53' 1"		
M	75-79		79	Bill	Stephens	Fairfax Station	46' 9"		
M	75-79		76	Richard (Dick)	Stohr	Lake Ridge	36' 3"		
M	80-84	Gold	81	Jerry	Bradley	Oakton	71' 5" *		
M	80-84		80	William	Nehrke	Spotsylvania	DNP		
M	85-89	Gold	87	Barry	Shelkin	Alexandria	32' 1" *		
M	85-89		85	Bob	Dineen	Falls Church	DNP		



