

Results FOR Frisbee throw 2016

Female Age Group Records

FRISBEE THROW - WOMEN

50 - 54	Maureen Pan	Alexandria	79' 5"	2014
55 - 59	Sue Hedges	Ashburn	92'	2015
60 - 64	Lucille Garrett	Alexandria	84' 0"	1992
65 - 69	Mary Williams	Woodbridge	69' 0"	1992
70 - 74	Carla Convery	Alexandria	69' 0"	1992
75 - 79	Bernie Kleinschmidt	Annandale	67' 6"	1997
80 - 89	Carla Convery	Alexandria	56'10"	2005
85 - 89	Sally Dishun	Herndon	48'	2016*
90 - 99	Josephine Stewart	Manassas	36' 2"	2013

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	50	Sheila	Beard	McLean	39' 6"
F	55-59	Gold	56	Lynn	Thompson	Fairfax	71' 2"
F	55-59	Silver	58	Andrea	Showers	Burke	64' 2"
F	60-64	Gold	61	Cindy	Hook	Annandale	83'
F	60-64	Silver	63	Patti	Tuholski	Herndon	31' 5"
F	70-74	Gold	71	Georgia	Fuller	Falls Church	43' 8"
F	70-74	Silver	73	Gail	Johnson	Gainesville	31' 7"
F	70-74		70	Margaret	Rodriguez	Dumfries	DNP
F	70-74		70	Mary	Schade	Arlington	DNP
F	75-79	Gold	78	Irene	McDonnell	Falls Church	53' 4"
F	75-79	Silver	79	Jacqueline	Stephens	Fairfax Station	36' 10"
F	75-79	Bronze	79	Joyce	Miller	Herndon	29' 10"
F	75-79	4	76	Mandy	Whalen	Falls Church	20' 5"
F	75-79		76	Margaret	DeWilde	Dumfries	DNP
F	80-84	Gold	82	Patricia	Gallagher	Springfield	24' 11"
F	80-84		83	Alease	Brooks	Arlington	DNP
F	85-89	Gold	85	Sally	Dishun	Herndon	40' *
F	85-89	Silver	88	Theda	Fitzpatrick	Herndon	28' 11"
F	85-89	Bronze	86	Sheila	Gildea	McLean	27' 5"
F	85-89		88	Mims	Olsen	Herndon	DNP

Male Age Group Records

FRISBEE THROW - MEN

50 - 59	Steve Goodwin	Arlington	156' 7"	2012
60 - 69	Thomas Sullivan	Oakton	172'	2014
70 - 74	Thomas Sullivan	Oakton	174'	2015
75 - 79	Herlindo Delgado	Burke	95' 5"	1997
	Ben Robinson	Alexandria	95' 5"	1998
80 - 84	Herlindo Delgado	Burke	98'	2000
85 - 90	J.R. Cassidy	Manassas	99'	2000
90 - 94	J.R. Cassidy	Manassas	42' 1"	2007
95 - 99	J.R. Cassidy	Manassas	27' 7"	2012

List of Registered Participants 2016

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
M	50-54	Gold	50	Louis	Novak	Alexandria	122' 7"
M	55-59	Gold	59	Leland (Lee)	Shores	Sterling	125' 4"
M	55-59		56	Michael	Ambrose	Alexandria	DNP
M	55-59		56	Matthew	Mohler	Herndon	DNP
M	60-64	Gold	60	John	Schneider	Falls Church	94' 8"
M	60-64		63	Ken	Freund	Alexandria	DNP
M	60-64		63	William	Tracy	Burke	DNP
M	60-64		62	Scott	Triplett	Haymarket	DNP
M	65-69	Gold	64	Thomas	Godwin	McLean	110' 1"
M	65-69	Silver	65	Stanley	Seplow	Springfield	95' 2"
M	65-69	Bronze	68	Eiji	Yasuhara	Sterling	79' 7"
M	65-69		64	Allan	Dosik	Arlington	DNP
M	70-74	Gold	70	Thomas	Sullivan	oakton	144' 7"
M	70-74	Silver	72	Chuck	Kleymeyer	Arlington	106'
M	70-74	Bronze	72	Donald	Meli	Annandale	63' 11"
M	70-74	4	73	Donald	Vincent	Alexandria	58' 9"
M	70-74		72	Gerald	Rhoads	Burke	DNP
M	75-79	Gold	77	Herb	Levitan	Arlington	76' 6"
M	75-79	Silver	76	Carlos	Rodriguez	Dumfries	54'
M	75-79	Bronze	78	Jim	Viggiani	Manassas	35' 6"
M	75-79		79	Bill	Stephens	Fairfax Station	DNP
M	80-84	Gold	81	Jerry	Bradley	Oakton	50' 7"
M	80-84	Silver	83	Larry	Lasik	Herndon	27' 9"
M	85-89	Gold	84	Jim	Lemons	Dale City	75' 8"
M	85-89	Silver	87	Barry	Shelkin	Alexandria	43' 10"