



	Male Record Holders							
<b>LONG JUMP - STANDING - MEN</b>								
50 - 54	Rick Werner			Arlington		8' 9"	2006	
55 - 59	Wayne Wilson			Fairfax		8' 6"	1994	
60 - 64	Richard Enrico			Fairfax		8' 4"	1992	
65 - 69	Neel Price			McLean		7' 11"	1984	
70 - 74	Richard Enrico			Ashburn		7' 7"	2005	
75 - 79	Bernhard Stamm			Ashburn		6' 10.5"	2014	
80 - 84	Herlindo Delgado			Burke		6' 6"	2001	
85 - 89	Herlindo Delgado			Burke		5' 5 <sup>1</sup> / <sub>2</sub> "	2005	
90 - 94	Andy Simko			Springfield		3' 3"	2008	
List of Male Participants								
							Meters	ft in
M	50-54	Gold	53	Robert	Tartt	Falls Church	1.86	6'
M	55-59	Gold	58	Thomas	Carroll	Chantilly	1.86	6'
M	55-59	DNP	59	Charles	Crum	Beaeton		
M	60-64	Gold	60	Aubrey	Toller	Woodbridge	2.16	7'
M	60-64	DNP	64	Ken	Freund	Alexandria		
M	65-69	Gold	68	Doug	Hastings	Alexandria	2.11	7'
M	65-69	Silver	69	Eiji	Yasuhara	Sterling	2.06	6' 9"
M	65-69	Bronze	67	Gerard	Nezet	Arlington	1.90	6' 3"
M	70-74	Gold	71	Clarence John	Wells-Martin	Herndon	1.92	6' 4"
M	70-74	Silver	73	Donald	Meli	Annandale	1.78	5' 9"
M	70-74	Bronze	73	Jack	Bennett	Alexandria	1.42	4' 7"
M	70-74		4	71	John	Cordyack	1.34	4' 5"
M	70-74	DNP	74	David	Brown	Arlington		
M	70-74	DNP	73	Chuck	Kleymeyer	Arlington		

M	75-79	Gold	78	Bernhard	Stamm	Ashburn	1.95	6' 5"
M	75-79	Silver	75	Parviz	Youssefi	Gainesville	1.75	5' 9"
M	75-79	Bronze	78	Herb	Levitan	Arlington	1.55	5'
M	75-79		4 77	Karl	Mueller	Alexandria	1.39	4' 6"
M	75-79	DNP	79	wayne	Willson	Haymarket		
M	80-84	Gold	82	Jerry	Bradley	Oakton	1.21	4'
M	80-84	DNP	84	Joseph	Clement	Springfield		
M	85-89	Gold	85	Bill	Wieand	McLean	1.22	4'
M	85-89	Silver		Leonard	Kalkwarf	Springfield	0.67	2'
M	85-89	DNP	86	Jim	Lemons	Dale City		
M	85-89	DNP	85	Donald	McPherson	Ashburn		