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News Release

For Immediate Release

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Registration for NVSO's 35th Anniversary Season is Underway

FAIRFAX - Registration for the 2017 Northern Virginia Senior Olympics has begun.

The NVSO includes more than 60 events that exercise the mind as well as the body. To qualify competitors must be at least 50-years-old by Dec. 31, 2017.

Participants can register online at www.nvso.us or can register via mail with paper forms available at most county recreation and senior centers. You can have a registration sent to you by calling (703) 830-5604.

Deadline for online NVSO registration is Sept. 2. Paper registrations must be postmarked no later than Aug. 26. The games are scheduled to commence Saturday, Sept. 9 and conclude Sept. 20.

The NVSO is celebrating its 35th anniversary this fall. The games began in 1982 with about 80 competitors. In 2016 more than 900 Northern Virginia seniors took part.

The NVSO's basic registration fee is \$13. A fee of \$1 is added for each event entered. Some events require additional fees including bowling \$10 (includes lunch), cycling \$5 (to help cover the cost of traffic control and electronic timing), Golf \$65 (includes green fees, lunch, and cart), and orienteering \$5 (includes compass rental).

The NVSO is also seeking volunteers. Those interested in volunteering should contact RSVP Northern Virginia at 703-403-5360 or email RSVP at rsvp@volunteerfairfax.org

The NVSO's only sources of financial support come from competitors' fees and donations from NVSO patrons. 100% of all contributions are used for promoting, coordinating and implementing the games. Donations are tax deductible.

This year's gold patrons include The Fairfax County Times, Goodwin House, Greenspring Retirement Village, Health eVillages, Koons Toyota Arlington, The Beacon, The Fairfax, The Virginian, United Health Care and Westminster at Lake Ridge.

For a complete list of events and venues please visit www.nvso.us The NVSO is a joint project of the cities of Alexandria, Fairfax and Falls Church and of the counties of Arlington, Fairfax, Fauquier, Loudoun, and Prince William.

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