



[www.nvso.us](http://www.nvso.us)

**News Release**

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Media Contact : Rob Paine  
703-380-2738  
[robertwpaine@gmail.com](mailto:robertwpaine@gmail.com)

### ***Registration for NVSO's 35th Anniversary Season to Begin July 10***

Registration for the 2017 Northern Virginia Senior Olympics is to begin July 10.

The NVSO includes about 70 events that exercise the mind as well as the body. To qualify for the Olympics participants must turn 50-years-old by Dec. 31, 2017.

Participants can register online at [www.nvso.us](http://www.nvso.us) or can register via mail with paper registrations that are available at most county recreation and senior centers. Registrations can also be downloaded at [www.nvso.us](http://www.nvso.us).

Deadline for online NVSO registration is Sept. 2. All paper registrations must be postmarked by Aug. 26. The games are scheduled to commence Saturday, Sept. 9 and conclude Sept. 20.

The NVSO is celebrating its 35th anniversary this fall. The games began in 1982 with about 80 persons competing. In 2016 more than 900 Northern Virginians took part. The NVSO is one of the largest annual seniors events in the region.

The NVSO's basic registration fee is \$13. A fee of \$1 is added for each event entered. Some events require additional fees including bowling \$10 (includes lunch), cycling \$5 (to help cover the cost of traffic control and electronic timing), Golf \$65 (includes green fees, lunch, and cart), and orienteering \$5 (includes compass rental).

The NVSO is also seeking volunteers to help at its venues across Northern Virginia. Those interested in volunteering should contact RSVP Northern Virginia at 703-403-5360 or email RSVP at [rsvp@volunteerfairfax.org](mailto:rsvp@volunteerfairfax.org)

For a complete list of events and venues please visit [www.nvso.us](http://www.nvso.us) The NVSO is a joint project of the cities of Alexandria, Fairfax and Falls Church and of the counties of Arlington, Fairfax, Fauquier, Loudoun, and Prince William.

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*Attachments : NVSO 35th Anniversary Logo jpeg and event photo from 2016  
please credit Ron Staley/Northern Virginia Senior Olympics*