

Softball Throw							
Female Record Holders							
50 - 54	Lucy Sale			Herndon		140'	2002
55 - 59	Gloria Bortell			Arlington		122' 5"	1990
60 - 64	Toni Letaw			Vienna		92' 3"	1999
65 - 69	Jacqueline Stephens			Fairfax Station		90' 3"	2002
70 - 74	Josephine Stewart			Manassas		87'	1995
	Mary Williams			Woodbridge		87'	1996
75 - 79	Josephine Stewart			Manassas		82' 5"	2000
80 - 84	Birdie Hughes			Falls Church		52' 6"	1996
85 - 89	Sally Dishun			Herndon		44'	2016
90 - 94	Rosemary Furcher			Annandale		33' 0"	2017*
100+	Orpha Christenson			Falls Church		6' 0"	2009
List of Participants 2017							
Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54		54	Colleen	Cornwell	Manassas	DNP
F	55-59	Gold	59	Greta	Budweg	Ashburn	80' 6"
F	60-64	1	60	Lori	Grimm	Arlington	86' 5"
F	60-64	2	62	Cindy	Hook	Annandale	79' 6"
F	60-64	3	64	Patti	Tuholski	Herndon	15' 2"
F	65-69	Gold	65	Jane	Hoge	Falls Church	88' 6"
F	70-74	Gold	72	Georgia	Fuller	Falls Church	54' 6"
F	70-74		71	Mary	Schade	Arlington	DNP
F	75-79	1	79	Betsy	Younkins	McLean	39' 0"
F	75-79	2	79	Irene	McDonnell	Falls Church	36' 8"
F	80-84	1	80	Mary	Thornton	Annandale	38' 7"
F	80-84		82	Joyce	Miller	Herndon	DNP
F	80-84		80	Jacqueline	Stephens	Fairfax Station	DNP
F	85-89	Gold	86	Sally	Dishun	Herndon	37' 1"
F	85-89		88	Bettye	Smith	Herndon	DNP
F	90-94	Gold	90	Rosemary	Furcher	Annandale	33' 0" *

Male Record Holders								
50 - 54	Thomas Sampson			Centreville		206' 0"	2015	
55 - 59	Dan Barolo			Alexandria		219' 1"	1999	
60 - 64	Alan Dale Clark			Vienna		198' 0"	1985	
65 - 69	Ken Woodall			Gainesville		169'	2001	
70 - 74	Thomas Sullivan			Oakton		179' 4"	2016	
75 - 79	Bernard Stamm			Ashburn		158' 1"	2014	
80 - 84	J.R. Cassidy			Manassas		138'	1996	
85 - 89	J.R. Cassidy			Manassas		99'6"	2002	
90 - 94	Ray Kaminski			Springfield		85'7"	2008	
95 - 99	J.R. Cassidy			Manassas		53'	2011	
List of Male Participants								
M	50-54		53	Robert	Tartt	Falls Church	DNP	
M	55-59	Gold	59	Edward	Scholl	Arlington	168' 2"	
M	55-59	Silver	56	Paul	Shelkin	Woodbridge	120' 2"	
M	55-59	Bronze	58	Craig	Day	Falls Church	102' 0"	
M	55-59		59	Charles	Crum	Bealeton	DNP	
M	60-64	Gold	64	Charles	Geyer	Fairfax Station	125' 6"	
M	60-64		61	John	Schneider	Falls Church	DNP	
M	60-64		64	Ken	Freund	Alexandria	DNP	
M	60-64		62	Gregg	Pane	McLean	DNP	
M	60-64		63	Scott	Triplett	Haymarket	DNP	
M	65-69	Gold	66	Allan	Dosik	Arlington	142' 4"	
M	65-69	Silver	68	Doug	Hastings	Alexandria	126' 10.5"	
M	65-69	Bronze	66	Louis	Mazel	Falls Church	119' 8"	
M	65-69		4	69	Eiji	Yasuhara	Sterling	103' 0"
M	65-69		66	Bob	Kerstein	Fairfax	DNP	
M	65-69		66	Thomas	Godwin	Mclean	DNP	
M	70-74	Gold	72	Thomas	Sullivan	Oakton	160' 2.5"	
M	70-74	Silver	71	Clarence John	Wells-Martin	Herndon	111' 10.5"	
M	70-74	Bronze	73	Donald	Meli	Annandale	108' 6"	
M	70-74		4	72	Joseph	Bauer	Arlington	99' 8.5"
M	70-74		5	72	Douglas	Cary	Great Falls	88' 11"
M	70-74		6	73	Chuck	Kleymeyer	Arlington	73' 9"
M	70-74		70	Ron	Hauk	Haymarket	DNP	
M	70-74		74	Norbert (Bud)	Commons	Ashburn	DNP	
M	75-79	Gold	76	Karl	Lady	Alexandria	121' 3.5"	
M	75-79	Silver	78	Herb	Levitan	Arlington	94' 7"	
M	75-79		76	Dennis	Mong	Warrenton	DNP	
M	75-79		79	Wayne	Willson	Haymarket	DNP	

M	80-84	Gold	80	Andrew	Dixon	Fairfax	102' 8"
M	80-84	Silver	82	Jerry	Bradley	Oakton	82' 0"
M	80-84	Bronze	84	Bill	Brennan	Annandale	75' 7"
M	80-84	Bronze	81	Ed	Ladd	Potomac Falls	75' 7"
M	80-84		84	Joseph	Clement	Springfield	DNP
M	80-84		82	Robert	Sampson	Springfield	DNP
M	80-84		80	Bill	Stephens	Fairfax Station	DNP
M	80-84		81	William	Nehrke	Spotsylvania	DNP
M	85-89	Gold	85	Bill	Wieand	McLean	60' 8"
M	85-89	Silver	88	Donald	Tanner	Ashburn	48' 0"
M	85-89	Bronze	85	Larry	Lasik	Herndon	46' 0"
	85-89	4	89	Leonard	Kalkwarf	Springfield	41' .5"
M	85-89	5	89	Barry	Shelkin	Alexandria	31' 5"
M	85-89		86	Jim	Lemons	Dale City	DNP
M	95-99	Gold	95	Donald	Brooks	Potomac Falls	29' 0"

