

Swim 100 Backstroke							
Female Record Holders							
50 - 54	Elaine Clancy			McLean		1:40.37	2015
55 - 59	Lynn Wymelenberg			Reston		1:43.7	2014
60 - 64	Denise Kirwan			Falls Church		1:20.28	2016
65 - 69	Mary Schade			Arlington		2:06.1	2014
75 - 79	Jane Gleison			Arlington		2:17.5	2014
List of Participants 2017							
Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	54	Ellen	Rotchford	Arlington	2:17.25
F	60-64	Gold	62	Priscilla	Knight	Gainesville	1:56.37
F	65-69	Gold	65	Denise	Kirwan	Leesburg	1:21.90
F	65-69	Silver	65	Carol	Rivers	Arlington	4:20.06
F	80-84	Gold	80	Joyce	Tobias	Haymarket	2:48.28
Male Record Holders							
50 - 54	Tom Gittins			Falls Church		1:08.21	2016
55 - 59	Ralph Swiger			Leesburg		1:35	2014
60 - 64	Ralph Swiger			Leesburg		1:42.93	2016
65 - 69	Bruce Fisher			Fairfax		1:19.6	2014
70 - 74	Leo Deege			Vienna		1:20.2	2014
75 - 79	Niel Sween			Vienna		1:46.3	2014
80 - 84	Lou Brown			Leesburg		1:52	2014
85 - 89	Phil Case			Springfield		2:11.06	2017*
List of Male Participants							
M	50-54	Gold	52	Ian	Liu	Falls Church	1:19.75
M	55-59	Gold	56	Michael	Anderson	Bristow	1:40.91
M	55-59	DNP	55	Tom	Gittins	Falls Church	
M	60-64	Gold	61	Ralph	Swiger	Leesburg	1:52.30
M	60-64	DNP	64	Ken	Freund	Alexandria	
M	65-69	Gold	69	Bruce	Fisher	Fairfax	1:22.83
M	65-69	Silver	67	James	Hill	Springfield	1:24.20
M	65-69	DNP	68	James	Lengle	Arlington	

M	70-74	Gold	73	Donald	Meli	Annandale	1:45.50	
M	70-74	DNP	71	Vince	Romano	Annandale		
M	75-79	Gold	78	Herb	Levitan	Arlington	1:47.65	
M	75-79	Silver	79	Neil	Levy	Alexandria	2:35.99	
M	80-84	DNP	82	Niel	Sween	Vienna		
M	80-84	DNP	82	Lawrence	Cohen	Sterling		
M	85-89	Gold	88	Phil	Case	Springfield	2:11.06 *	
M	85-89	Silver	85	Donald	McPherson	Ashburn	2:27.60	
M	85-89	Bronze	89	Willard	Rieger	Springfield	5:27.05	