

Swim 100yd Freestyle							
Female Record Holders							
SWIMMING - FREESTYLE 100 YDS - WOMEN (NEW IN 2014)							
50 - 59	Ellen Rotchford			Arlington		2:00.06	2015
55 - 59	Lynn Wymelenberg			Reston		1:17.73	2014
60 - 64	Betsy Boswell			Vienna		1:24.21	2016
65 - 69	Denise Kirwan			Leesburg		1:13.93	2017*
75 - 79	Jane Geison			Haymarket		2:03.81	2014
80 - 84	Joyce Tobias			Haymarket		3:05.21	2017*
List of Participants 2017							
Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	54	Ellen	Rotchford	Arlington	2:18.69
F	55-59	Gold	56	Joanne	Shabelski	Alexandria	1:56.32
F	60-64	Gold	61	Betsy	Boswell	Vienna	1:27.84
F	60-64	Silver	62	Priscilla	Knight	Gainesville	1:36.93
F	65-69	Gold	65	Denise	Kirwan	Leesburg	1:13.93 *
F	65-69	Silver	66	Joan	Girardi	Manassas	2:04.31
F	65-69	Bronze	68	Bethami	Auerbach	Falls Church	2:05
F	80-84	Gold	80	Joyce	Tobias	Haymarket	3:05.21 *
Male Record Holders							
50 - 54	Mark Harris			Alexandria		:56.21	2016
55 - 59	Greg Ruhlin			Herndon		1:05.4	2014
60 - 64	Jim Donahue			Oakton		1:08.3	2014
65 - 69	Bruce Fisher			Fairfax		1:06.3	2014
70 - 74	James Leimkuhler			McLean		1:20.09	2015
75 - 79	David Nicholas			Sterling		1:24.09	2015
80 - 84	David Nicholas			Oakton		1:33.84	2017*
85 - 89	Donald McPherson			Ashburn		2:02.09	2017*
90 - 94	Lawson Winslow			Ashburn		3:08.03	2016

List of Male Participants								
M	50-54	Gold	52	Ian	Liu	Falls Church	1:14.69	
M	55-59	Gold	59	Robert	Romo	Oakton	1:08.06	
M	55-59	Silver	56	Michael	Anderson	Bristow	1:21.56	
M	55-59	Bronze	56	Vincent	Langan	Warrenton	1:26.50	
M	55-59	DNP	57	Brandon	White	Woodbridge		
M	55-59	DNP	55	Mark	Harris	Alexandria		
M	60-64	Gold	61	Ralph	Swiger	Leesburg	1:28.75	
M	60-64	DNP	64	Ken	Freund	Alexandria		
M	65-69	Gold	69	bruce	fisher	Fairfax	1:09.25	
M	65-69	Silver	67	James	Hill	Springfield	1:20.63	
M	65-69	Bronze	66	Thomas	Godwin	Mclean	1:25.12	
M	65-69	DNP	68	James	Lengle	Arlington		
M	70-74	Gold	71	Vince	Romano	Annandale	1:23.16	
M	70-74	Silver	73	Donald	Meli	Annandale	1:23.73	
M	70-74	Bronze	73	Chuck	Kleymeyer	Arlington	1:35.47	
M	75-79	Gold	79	John	Woodward	Fairfax	1:27.69	
M	75-79	Silver	77	John	Dineen	Springfield	1:30.94	
M	75-79	Bronze	78	Herb	Levitan	Arlington	1:34.05	
M	75-79	DNP	75	Sterling	Pilette	Reston		
M	80-84	Gold	81	David	Nicholas	Oakton	1:33.84 *	
M	80-84	DNP	82	Lawrence	Cohen	Sterling		
M	85-89	Gold	85	Donald	McPherson	Ashburn	2:02.09 *	
M	85-89	Silver	88	Phil	Case	Springfield	2:13.50	
M	85-89	Bronze	85	Lou	Brown	Leesburg	2:41.38	
M	85-89	4	89	Willard	Rieger	Springfield	5:39.74	