

Swim 900yd Freestyle

Female Record Holders

**SWIMMING - FREESTYLE 900 YDS (~HALF MILE) - WOMEN**

50 - 54	Maria-Angelica Cortes	Sterling	11:44.27	2005
55 - 59	Andrea Haines	Alexandria	12:34:72	2003
60 - 64	Denise Kirwan	Falls Church	13:10.53	2016
65 - 69	Marie Baumann	Arlington	16:30.31	2010
70 - 74	Anne Walker	Arlington	17:39.39	
75 - 79	Anne Walker	Arlington	17:24.41	1994
80 - 84	Carol Galbraith	Alexandria	18:00.61	1996
85 - 89	Carol Galbraith	Alexandria	19:08.57	2001
90 - 94	Mary Lathram	Falls Church	28:25.00	2007

List of Participants 2017

Sex	Age Group	Place	Age	First Name	Last Name	City	Score/Time
F	50-54	Gold	54	Ellen	Rotchford	Arlington	23:15.97
F	55-59	Gold	55	Jackie	Chen	Fairfax Station	14:39.40
F	55-59	Silver	56	Joanne	Shabelski	Alexandria	22:20.28
F	55-59	DNP	58	Robena	Reid	Lorton	
F	60-64	Gold	60	Sharon	O'Neill	Annandale	16:35.62
F	60-64	Silver	62	Priscilla	Knight	Gainesville	17:48.25
F	60-64	DNP	61	Betsy	Boswell	Vienna	
F	65-69	Gold	68	Bethami	Auerbach	Falls Church	22:26.03
F	65-69	Silver	67	Carol	MacKela	Arlington	24:16.65
F	65-69	DNF	65	Denise	Kirwan	Leesburg	
F	80-84	Gold	81	Geertruida	Derosa	Springfield	27:31.81
F	80-84	Silver	80	Joyce	Tobias	Haymarket	28:55

Male Record Holders

50 - 54	Mark Harris	Alexandria	10:55.50	2016
55 - 59	James Hill	Springfield	12:29.61	2006
60 - 64	Willis Braswell	Arlington	11:32.07	2008
65 - 69	Bruce Fisher	Fairfax	13:03.31	2015
70 - 74	David McAfee	Falls Church	15:11.12	1983
75 - 79	David Nichols	Oakton	15:00.50	2015
80 - 84	Lawrence Cohen	Sterling	17:11.44	2015
85 - 89	Pat Russell	McLean	22:54.00	2004
90 - 94	Lawson Winslow	Ashburn	35:18.00	2016

List of Male Participants							
M	50-54	Gold	52	Ian	Liu	Falls Church	13:12.56
M	55-59	Gold	56	Michael	Anderson	Bristow	14:44.48
M	55-59	DNP	55	Mark	Harris	Alexandria	
M	60-64	Gold	61	Ralph	Swiger	Leesburg	15:21.41
M	65-69	Gold	67	James	Hill	Springfield	13:54.07
M	65-69	Silver	67	David	Conover	Great Falls	14:02.62
M	65-69	Bronze	69	bruce	fisher	Fairfax	14:14.49
M	65-69		4 67	Jim	Donahue	Oakton	14:40.15
M	70-74	Gold	71	Vince	Romano	Annandale	17:26
M	70-74	Silver	73	Donald	Meli	Annandale	18:20
M	70-74	Bronze	74	Craig	Olson	Arlington	25:09.68
M	70-74	DNP	70	Eric	Assur	Fairfax	
M	75-79	Gold	79	Neil	Levy	Alexandria	24:21.01
M	75-79	Silver	77	Larry	Medley	Gainesville	26:47.38
M	75-79	DNP	79	John	Woodward	Fairfax	
M	75-79	DNP	78	Herb	Levitan	Arlington	
M	75-79	DNP	75	Sterling	Pilette	Reston	
M	80-84	Gold	81	David	Nicholas	Oakton	17:59.17
M	80-84	DNP	82	Lawrence	Cohen	Sterling	