

List of Participants 2017							
Sex	Age Group	Place	Age	First Name	Last Name	City	
F	50-59	Gold	54	Vanessa	Brownley	Oakton	
F	60-69	Gold	62	Lisa	Bridges	McLean	
F	50-59	DNP	58	Ellen	Heather	Falls Church	
F	70-79	Gold	74	June	McMenamin	Springfield	
F	80-89	Gold	82	Kelly	McCaffery	Springfield	
F	70-79	DNP	73	Ana	Mahoney	Sterling	
F	70-79	DNP	77	Pearl	Hicks	Arlington	
List of Male Participants							
M	50-59	DNP	56	John	Heather	Falls Church	
M	60-69	Gold	69	Larry	Maysack	Haymarket	
M	60-69	Gold	63	Scott	Triplett	Haymarket	
M	60-69	Silver	62	Randolph	Miller	Bristow	
M	70-79	Silver	72	Larry	Blair	Bristow	
M	60-69	DNP	69	Paul	Massell	Falls Church	
M	70-79	Gold	74	Patrick	McCarthy	Gainesville	
M	70-79	Gold	72	Will	Misner	Gainesville	
M	70-79	Silver	78	Dennis	Hill	Falls Church	
M	70-79	Silver	76	Wayne	Ching	Chantilly	
M	70-79	Bronze	70	Ron	Hauk	Haymarket	
M	70-79	Bronze	73	William	Baird	Haymarket	
M	70-79		4	74	Paul	Thompson	Springfield
M	70-79		4	74	Gerald	Rhoads	Burke
M	70-79	DNP	74	william	mahoney	Sterling	
M	80-89	DNP	80	Charles	Battaglia	Alexandria	
M	80-89	Gold	81	Robert	Wilkinson	Fairfax	
M	80-89	Gold	81	Jerry	Vance	Annandale	
M	80-89	Silver	81	Ed	Ladd	Potomac Falls	
M	80-89	Silver	85	W	Rice	Potomac Falls	
M	80-89	DNP	82	Ralph(Larry)	Hyer	Annandale	
M	80-89	DNP	83	Fred	Hart	Springfield	