

	Men Record holders						
	FOOTBALL THROW – MEN (New in 2012)						
	50 – 54	Thomas Sampson		Centreville	132' 8"	2014	
	55 – 59	Thomas Sampson		Clifton	130' 0.5"	2018	
	60 – 64	Charles Appler		Springfield	106' 8"	2014	
	65 – 69	Doug Hastings		Alexandria	110' 10"	2014	
	70 – 74	Frederick Hacker		Fairfax	104' 3"	2012	
	75 – 79	Bernhard Stamm		Ashburn	101' 6"	2014	
	80 – 84	Bernhard Stamm		Ashburn	86' 8 1/2"	2019*	
	85 – 89	Bill Wieand		McLean	46' 1"	2017	
	90 – 94	Donald Tanner		Ashburn	39' 8"	2019*	
	95 – 99	Donald Brooks		Potomac Falls	22' 10"	2017	
	List of Participants 2019						
	Sex	Age Group	Place	Age	Firstname	Surname	City
	Score/Time						
M	50-54	Gold	52	Joseph	Sunday	Arlington	45' 1"
M		DNP	50	Edgar	Hahn	Alexandria	
M	55-59	Gold	59	Jon	Berglund	Springfield	107' 3"
M		Silver	55	Stephen	Neal	Chantilly	73' 10"
M		DNP	57	Michael	Garvey	Herdon	
M		DNP	59	David	Jones	Reston	
M	60-64	Gold	63	Walter	Byerley	Fairfax	104' 9"
M		Silver	64	Gregg	Pane	McLean	104' 6"
M		Bronze	63	Bill	Highsmith	Arlington	101' 1"
M			4	Raymond	Day	Aldie	89' 9"
M			5	Kenneth	Unger	Vienna	78' 3"
M			6	Benjamin	Viellieu	Burke	73'
M			7	James	Creel	Manassas Park	72' 1"
M		DNP	62	Gracus	Dunn	Woodbridge	
M		DNP	61	Chuck	Crum	Bealeton	
M	65-69	Gold	66	Charles	Geyer	Fairfax Station	77' 7"
M		DNP	65	David	Symington	Bealeton	
M		DNP	66	Ken	Freund	Alexandria	
M	70-74	Gold	70	Douglas	Hastings	Gainesville	98' 7"
M		Silver	74	Thomas	Sullivan	Oakton	86' 8 1/2"
M		Bronze	71	Gharemon	Suleymon	McLean	73'
M			4	Eiji	Yasuhara	Sterling	62' 6 1/2"
M			5	john	Kuspa	Sterling	51' 4"

[illegible]