

800 METER WALK – WOMEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST	Maryann Schwab	Fairfax	5:39.00
	SECOND	Pat Austin	Alexandria	5:54.44
55-59	FIRST	Margarita Ramirez	Arlington	6:09.94
60-64	FIRST	Kathryn Etherton	Arlington	5:57.18
	SECOND	Pearl Cano	Alexandria	7:11.62
70-74	FIRST	Terry Hamilton	Reston	5:51.54
	SECOND	Mary Simpson	Manassas	6:18.44
	THIRD	Mary Ann Cusack	Alexandria	6:32.79
75-79	FIRST	Barbara Gladd	Annandale	6:43.30
	SECOND	Betty Denton	Fairfax	7:36.17
75-79	FIRST			
80-84	FIRST			
85+	FIRST	Mary Lathram	Falls Church	7:05.40
	SECOND	Christine Sleeper	Herndon	8:08.48

800 METER WALK – MEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST	Shabaka Jeusi	Manassas	4:51.61
55-59	FIRST	Victor Litwinski	McLean	4:20.54
	SECOND	Mori Hayashi	Falls Church	5:07.12
	THIRD	George Rao	Manassas	6:04.42
60-64	FIRST	Roger Webb	Alexandria	5:18.93
	SECOND	Ron Willard	Springfield	6:25.04
65-69	FIRST	Charles Toftoy	Arlington	5:16.87
	SECOND	Fred Ulle	Falls Church	6:33.38
	THIRD	George Maghan	Manassas	6:58.47
70-74	FIRST	Dante Simbulan	Burke	5:24.91
	SECOND	John Williams	Manassas	5:54.59
75-79	FIRST	Harry Bernat	Annandale	5:49.31
	SECOND	Harvey Sperry	Arlington	6:23.32
	THIRD	John Melescue	Springfield	6:49.91
80-84	FIRST	Shannon Ferguson	Alexandria	5:36.54
85+	FIRST	Edward Seeger	Falls Church	6:11.86 **

1500 METER WALK – WOMEN

AGE GROUP	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST			
60-64	FIRST	Kathryn Etherton	Arlington	11:35.94
	SECOND	Nancy Cox	Springfield	13:02.63
	THIRD	Pearl Cano	Alexandria	13:48.30
65-69	FIRST			
70-74	FIRST	Terry Hamilton	Reston	11:30.16
	SECOND	Mary Simpson	Manassas	12:15.38
75-79	FIRST	Barbara Gladd	Annandale	13:22.01
	SECOND	Betty Denton	Fairfax	14:33.50
	THIRD			
80-84	FIRST			
	SECOND			
85+	FIRST	Mary Lathram	Falls Church	13:19.09
	SECOND	Christine Sleeper	Herndon	16:52.00

1500 METER WALK – MEN

AGE GROUP	PLACE	WINNERS	LOCALITY	SCORE
2001				
50-54	FIRST			
	SECOND			
	THIRD			
55-59	FIRST	Victor Litwinski	McLean	8:56.52 **
	SECOND	Stephen Cox	Springfield	11:57.69
	THIRD	Hilmy Yoosuf	Centreville	12:37.25
60-64	FIRST	Roger Webb	Alexandria	10:49.58
	SECOND			
65-69	FIRST	Charles Toftoy	Arlington	10:15.14
70-74	FIRST	John Williams	Manassas	11:15.01
	SECOND			
80-84	FIRST	Shannon Ferguson	Alexandria	11:02.57
85+	FIRST	Edward Seeger	Falls Church	12:18.14

3 MILE WALK – WOMEN

AGE	PLACE	WINNERS	2001 LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST	Maria Lawrence	Springfield	46:10
	SECOND	Peg Neustadt	Alexandria	48:12
60-64	FIRST	Evie Herbst	Alexandria	41:30
	SECOND	Nancy Licato	Burke	43:40
	THIRD			
65-69	FIRST	Giovanna Prestigiacomio	Burke	46:07
	SECOND	Desdie Prince	Alexandria	50:29
70-74	FIRST	Mary Simpson	Manassas	39:16
	SECOND	Dorothie Abrahamson	Alexandria	47:46
	THIRD			
75-79	FIRST	Barbara Gladd	Annandale	46:15
	SECOND	Anna Hoehn	Alexandria	48:11
85+	FIRST	Mary Lathram	Falls Church	44:51.27

3 MILE WALK – MEN

AGE	PLACE	WINNERS	2001 LOCALITY	SCORE
55-59	FIRST	Victor Litwinski	McLean	34.01
	SECOND	Edward McLaughlin	Mason Neck	40.39
	THIRD	George Rao	Manassas	41.45
60-64	FIRST	Roger Webb	Alexandria	36.16
65-69	FIRST			
70-74	FIRST	John Williams	Manassas	36:39.01
	SECOND	George Hibner	Alexandria	39:16.91
	THIRD	Joe Archuleta	Alexandria	50:29.70
75-79	FIRST	George Yip	Springfield	42:23.73
	SECOND			
80-84	FIRST	Shannon Ferguson	Alexandria	36:38.24
85+	FIRST			

DISCUS – WOMEN

AGE	PLACE	WINNERS	2001 LOCALITY	SCORE
55-59	FIRST	Carmela (Maria) Miller	Arlington	63'3"
60-64	FIRST	Kathryn Etherton	Arlington	30'5"
65-69	FIRST	Jacqueline Oliver	Fairfax Station	28'4"
70-74	FIRST	Jane Filkins	Falls Church	36'2"
	SECOND	Terry Hamilton	Reston	27'10"
	THIRD	Leticia Cagungun	Alexandria	27'3"
75-79	FIRST	Josephine Stewart	Manassas	38'6"
	SECOND	Bernie Kleinschmidt	Annandale	38'3"
	THIRD	Mary Boska	Alexandria	36'3"
80-84	FIRST	Carla Convery	Alexandria	23'2"
85+	FIRST	Mary Lathram	Falls Church	24'6"

DISCUS – MEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST	Sergey Arutyunov	Fairfax	69'2" **
55-59	FIRST	Victor Litwinski	McLean	81'3"
	SECOND	Reuel Launey	Arlington	71'11"
	THIRD	Donald Meli	Annandale	65'8"
60-64	FIRST	John Clasby	McLean	59'9"
	SECOND	Richard Stohr	Springfield	53'8"
	THIRD	Ronald Willard	Springfield	40'9"
65-69	FIRST	William Smith	Alexandria	107'2"
	SECOND	Hector Herrera	Falls Church	69'4"
	THIRD	Lloyd Martin	Springfield	62'8"
70-74	FIRST	Paul Schmitt	Vienna	57'3"
	SECOND	Dante Simbulan	Burke	54'3"
	THIRD	Armand Weiss	Falls Church	41'11"
75-79	FIRST	Robert Kraus	Fairfax	55'9"
	SECOND	Harry Bernat	Annandale	38'9"
	THIRD	David Kirkman	Alexandria	34'9"
80-84	FIRST	Herlindo Delgado	Burke	59'4"
	SECOND	Ben Robinson	Alexandria	47'11"
	THIRD	John Hofbauer	Falls Church	34'11"
85+	FIRST	J.R. Cassidy	Manassas	47'

LONG JUMP, RUNNING – WOMEN

2001				
AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST	Diane Lasichak	Alexandria	12' **
55-59	FIRST SECOND	Maria Miller Patricia McWethy	Arlington Oakton	9'6" 9'
60-64	FIRST	Kathryn Etherton	Arlington	5'11"
65-69	FIRST SECOND			
70-74	FIRST	Leticia Cagungun	Alexandria	3'4"
75-79	FIRST SECOND	Bernie Kleinschmidt Sunie Clark	Annandale Falls Church	4 feet 3'4"
80-84	FIRST	Carla Convery	Alexandria	4'8"

LONG JUMP, RUNNING – MEN

2001				
AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST SECOND THIRD	Robert Taylor Don Meli Reuel Launey	Arlington Annandale Arlington	15'5" 10'7" 10' 4"
60-64	FIRST SECOND	John Clasby Ronald Willard	McLean Springfield	11'2" 7'7"
65-69	FIRST SECOND THIRD	David Malm Jesse Hill Joseph McEvoy	Annandale Springfield Woodbridge	11'3" 8'5" 8'3"
70-74	FIRST	Dante Simbulan	Burke	8'11"
75-79	FIRST SECOND THIRD	Robert Kraus John Melescue Harry Bernat	Fairfax Springfield Annandale	7'10" 7'2" 6'8 1/2"
80-84	FIRST	Hertindo Delgado	Burke	8'4"

LONG JUMP, STANDING – WOMEN

2001				
AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST SECOND	Diane Lasichak Maryann Schwab	Alexandria Fairfax	6'5" ** 6'1"
55-59	FIRST SECOND	Patricia McWethy Maria del Miller	Oakton Arlington	6'0 5'9"
60-64	FIRST	Kathryn Etherton	Arlington	5'3"
65-69	FIRST			
70-74	FIRST	Leticia Cagungun	Alexandria	3'2"
75-79	FIRST SECOND THIRD	Mary Boska Bernie Kleinschmidt Sunie Clark	Alexandria Annandale Falls Church	4'0 3'6" 1'2"
80-84	FIRST	Carla Convery	Alexandria	3'9"
85+	FIRST	Mary Lathram	Falls Church	3'9" **

LONG JUMP, STANDING – MEN

2001				
AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST SECOND	Sergey Arutyunov Bob Mennonna	Fairfax Falls Church	6'8" 6'6"
55-59	FIRST SECOND THIRD	Victor Litwinski Robert Taylor Reuel Launey	McLean Arlington Arlington	7'10 1/2" 7'9 1/2" 7'1"
60-64	FIRST SECOND	John Clasby Ron Willard	McLean Springfield	7'5" 6'5"
65-69	FIRST SECOND THIRD	Jesse Hill Joseph McEvoy Nicholas Fidandis	Springfield Woodbridge Alexandria	5'9" 5'5" 5'2"
70-74	FIRST SECOND	John Baker Bob Dineen	Arlington Falls Church	6'9" 5'9 1/2"
75-79	FIRST SECOND THIRD	John Melescue David Kirkman Harry Bernat	Springfield Alexandria Annandale	5'11" 4'5" 3'5"
80-84	FIRST	Hertindo Delgado	Burke	6'6" **
85+	FIRST	J. R. Cassidy	Manassas	3'8"

SHOT PUT – WOMEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST	Maria Miller	Arlington	26'4"
60-64	FIRST	Kathryn Etherton	Arlington	21'6"
65-69	FIRST	Jacqueline Oliver	Fairfax Station	13'1"
70-74	FIRST SECOND THIRD	Jane Filkins Terry Hamilton Leticia Cagungun	Falls Church Reston Alexandria	16'11" 13'4" 13'1"
75-79	FIRST SECOND THIRD	Josephine Stewart Bernie Kleinschmidt Cesarina Olschner	Manassas Annandale Alexandria	20'1" 13'0"
80-84	FIRST SECOND	Carla Convery Jeri Patt	Alexandria Fairfax	13'6" 13'4"
85+	FIRST	Mary Lathram	Fairfax	12'4"

SHOT PUT – MEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST	Sergey Arutyunov	Fairfax	27'8"
55-59	FIRST SECOND THIRD	Victor Litwinski Don Meli Reuel Launey	McLean Annandale Arlington	36'5" 30'4" 28'7"
60-64	FIRST SECOND THIRD	John Clasby Philip Holtz Richard Stohr	McLean Fairfax Springfield	30'5" 27'2" 25'8"
65-69	FIRST SECOND THIRD	William Smith Hector Herrera Lloyd Martin	Alexandria Falls Church Springfield	37'4" 33'5" 27'7"
70-74	FIRST SECOND THIRD	John Baker Paul Schmitt Dante Simbulan	Arlington Vienna Burke	29'4" 26'2" 23'2"
75-79	FIRST SECOND THIRD	Robert Kraus David Kirkman Harry Bernat	Fairfax Alexandria Annandale	27'8" 20'2" 19'2"
80-84	FIRST SECOND THIRD	Ben Robinson Herlindo Delgado John Hofbauer, Sr.	Alexandria Burke Falls Church	24'3" 22'4" 18'6"
85+	FIRST	J.R. Cassidy	Manassas	21'7"

SOFTBALL HIT – WOMEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST	Maria Miller	Arlington	62'11"
60-64	FIRST SECOND	Toni Letaw Kathryn Etherton	Vienna Arlington	127'8" 93'10"
65-69	FIRST	Shirley Glazener	Alexandria	43'11"
70-74	FIRST SECOND THIRD	Jane Filkins Mary Hotta Leticia Cagungun	Falls Church Falls Church Alexandria	100'8" 60'6" 28'11"
75-79	FIRST SECOND THIRD	Bernie Kleinschmidt Mary Boska Mary Williams	Annandale Alexandria Woodbridge	84'8" 71'8" 52'7"
80-84	FIRST	Carla Convery	Alexandria	53'4"

SOFTBALL HIT – MEN

AGE	PLACE	WINNERS	LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST SECOND THIRD	Reuel Launey Don Meli Bob Dahms	Arlington Annandale Arlington	202'7 1/2" 153'4" 152'6"
60-64	FIRST	Richard Stohr	Springfield	134'2"
65-69	FIRST SECOND THIRD	Nicholas Fidandis John Konfala David Malm	Alexandria Manassas Annandale	152'11" 150'2" 144'7"
70-74	FIRST SECOND THIRD	Del Norwood Paul Schmitt Amand Weiss	Annandale Vienna Falls Church	192'9" 159'3" 108'
75-79	FIRST SECOND THIRD	John Jackson John Melescue Robert Kraus	Annandale Springfield Fairfax	64'7" 60'9" 54'10"
80-84	FIRST SECOND THIRD	James New Mike Grayson	Arlington Falls Church	127'2" 94'7"
85+	FIRST SECOND	Raymond Kaminski J. R. Cassidy	Annandale Manassas	135'6" ** 93'9"

SOFTBALL THROW – WOMEN

AGE	PLACE	WINNERS	2001 LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST	Maria Miller	Arlington	96'5"
60-64	FIRST	Kathryn Etherton	Arlington	63'8"
	SECOND	Toni Letaw	Vienna	61'1"
65-69	FIRST	Shirley Glazener	Alexandria	82'6"
70-74	FIRST	Jane Filkins	Falls Church	45'5"
	SECOND	Mary Hotta	Falls Church	27'7"
	THIRD	Leticia Cagungan	Alexandria	18'5"
75-79	FIRST	Mary Boska	Alexandria	53'4"
	SECOND	Bernie Kleinschmidt	Annandale	51'0"
	THIRD	Mary Williams	Woodbridge	45'8"
80-84	FIRST	Carla Convery	Alexandria	48'0"
85+	FIRST			

SOFTBALL THROW – MEN

AGE	PLACE	WINNERS	2001 LOCALITY	SCORE
50-54	FIRST			
55-59	FIRST	Bob Dahms	Arlington	156'8"
	SECOND	Reuel Launey	Arlington	135'4"
	THIRD	Don Meli	Annandale	125'8"
60-64	FIRST			
65-69	FIRST	Ken Woodall	Gainesville	169' **
	SECOND	John Konfala	Manassas	117'6"
	THIRD	David Malm	Annandale	114'6"
70-74	FIRST	Del Norwood	Annandale	101'8"
	SECOND	Paul Schmitt	Vienna	97'4"
	THIRD	Dante Simbulan	Burke	88'8"
75-79	FIRST	John Jackson	Annandale	122'2"
	SECOND	Robert Kraus	Burke	97'1"
	THIRD	John Melescue	Springfield	63'9"
80-84	FIRST	Herlindo Delgado	Burke	88'0"
	SECOND			
	THIRD			
85+	FIRST	Ray Kaminski	Annandale	98'0" **
	SECOND	J. R. Cassidy	Manassas	90'0"

NORTHERN VIRGINIA SENIOR OLYMPICS

2001 UPDATE of RECORD HOLDERS

ARCHERY - COMPOUND – WOMEN

60 - 64	Pat Carlson	Springfield	203	1992
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ARCHERY - COMPOUND – MEN

55 - 59	Layton Allen	Springfield	290	1990
60 - 64	Wayne Bell	Annandale	263	1999
65 - 69	Bill Ayers	Springfield	269	1991
70 - 74	David Kirkman	Alexandria	175	1995
80 +	John Pederson	Manassas	107	1991

ARCHERY – RECURVE – WOMEN

50 - 54	Sue Phillips	Centreville	256	1999
55 - 59	Toni Letaw	Vienna	268	1998
60 - 64	Donna Packard	Vienna	278	1998
65 - 69	Bernie Kleinschmidt	Annandale	167	1991
70 - 74	Bernie Kleinschmidt	Annandale	139	1993
75 - 79	Bernie Kleinschmidt	Annandale	250	1999

ARCHERY - RECURVE – MEN

55 - 59	Robert Keaton	Manassas	230	1991
60 - 64	Thomas Cox	Dale City	221	1990
65 - 69	Bill Ayers	Springfield	167	1991
70 - 74	Fernand Achee	Alexandria	118	1991
75 - 79	Steve Hajek	Woodbridge	46	1995
80 - 84	Steve Hajek	Woodbridge	150	1998
85 - +	Paul Strickler	Falls Church	97	1998

BAITCASTING – WOMEN

55 - 59	Joyce Hallory	Alexandria	5	1996
60 - 64	Hazel Rhodes	Alexandria	5	1991
65 - 69	Josephine Stewart	Manassas	10	1991
70 - 74	Annis Hudson	Manassas	5	1992
75 - 79	Annis Hudson	Manassas	10	1995

BAITCASTING – MEN

55 - 59	Joe McEvoy	Woodbridge	10	1993
60 - 64	Bob Kozan	McLean	16	1990
65 - 69	John Jackson	Annandale	20	1990
70 - 74	John Jackson	Annandale	20	1996
75 - 79	John Schlogl	Springfield	9	1994
80 - 84	Paul Strickler	Falls Church	5	1991
85 - +	Paul Strickler	Falls Church	1	1995

BASKETBALL FREE THROW - WOMEN

50 - 59	Pat Blackman	Arlington	24/25	1995
60 - 64	Cesarina Olschner	Alexandria	20/25	1986
65 - 69	Carla Convery	Alexandria	22/25	1985
70 - 74	Carla Convery	Alexandria	21/25	1993
75 - 79	Bernie Kleinschmidt	Annandale	19/25	1999
80 - 84	Carla Convery	Alexandria	16/25	2001

BASKETBALL FREE THROW - MEN

50 - 54	Don Meli	Annandale	9/25	1998
55 - 59	Harold Skeins	Fairfax	25/25	1995
60 - 64	Harold Skeins	Fairfax	23/25	1999
65 - 69	Richard Smith	Springfield	24/25	1997
70 - 74	Rudy Kirchgessner	Annandale	20/25	1990
75 - 79	John Schlogl	Springfield	20/25	1994
80 - 84	George Ryffel	Arlington	20/25	2000
85 +	Paul Strickler	Falls Church	9/25	1998

BICYCLING - WOMEN

55 - 59	Gloria Krug	Arlington	3:23	1987
60 - 64	Mary Williams	Woodbridge	3:37	1987
65 - 69	Virginia Erichsen	Herndon	3:52	1987
70 - 74	Christine Wendehack	Alexandria	6:11	1984
75 - 79	Edith Hebbletwaite	Arlington	3:53	1987

BICYCLING - MEN

55 - 59	Shannon Ferguson	Alexandria	2:55:63	1984
60 - 64	John Jackson	Annandale	2:52:46	1984
65 - 69	William Patten	Annandale	3:03:76	1985
70 - 74	Lucius Kingman	McLean	3:07:43	1985
75 - 79	Joseph Brown	Arlington	4:52:04	1984
80 - +	Joseph Brown	Arlington	5:25:46	1985

BOWLING - DUCK PIN - WOMEN

All Ages	Carla Convery	Alexandria	72	1983
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BOWLING - DUCK PIN - MEN

All Ages	Garland Suggs	Alexandria	92	1985
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BOWLING - TEN PIN - WOMEN

50 - 54	Audrey Bragg	Alexandria	591	2001
55 - 59	Jacqueline Oliver	Lorton	670	1992
60 - 64	Poppy Price	Springfield	704	1995
65 - 69	Peggy Basette	Manassas	661	1991
70 - 74	Joyce Harwood	Springfield	722	1995
75 - 79	Queenie Buchanan	Arlington	688	1988
80 - 84	Dorothy Segal	Fairfax	673	1994
85 - +	Esther Robinson	Woodbridge	594	2001

BOWLING - TEN PIN - MEN

50 - 54	Carlos Benavides	Alexandria	607	2001
55 - 59	Clifford Noland	Springfield	675	1994
60 - 64	George Megan	Manassas	720	1994
65 - 69	Fred Kimberly	Manassas	701	1988
70 - 74	John Melescue	Springfield	716	1995
75 - 79	Stan Segal	Fairfax	686	1987
80 - 84	Herbert Koehne	Arlington	655	1998
85 - +	Michael Curcio	Manassas	679	1998

CANASTA - WOMEN

All Ages	Mary Hamm	Manassas	22,815	1986
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CANASTA - MEN

All Ages	Francis Bordeaux	Sterling	23,430	1985
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DOMINOS - WOMEN

All Ages	Maria Tuazon	Falls Church	783	1995
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DOMINOS - MEN

All Ages	Jesus Santi	Springfield	362	1994
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FRISBEE THROW - WOMEN

55 - 59	Toni Letaw	Vienna	75'10"	1998
60 - 64	Lucille Garrett	Alexandria	84' 0"	1992
65 - 69	Mary Williams	Woodbridge	69' 0"	1992
70 - 74	Carla Convery	Alexandria	69' 0"	1992
75 - 79	Bernie Kleinschmidt	Annandale	67' 6"	1997
80 - 84	Birdie Hughes	Falls Church	35' 0"	1995
85 +	Lena Huntsinger		19' 4"	1997

FRISBEE THROW - MEN

55 - 59	Edwin Mosser	Burke	121' 0"	1994
60 - 64	Jim Maranville	Vienna	93' 6"	1993
65 - 69	John Jackson	Annandale	103' 0"	1992
70 - 74	Ben Robinson	Alexandria	120' 0"	1995
75 - 79	Herlindo Delgado	Burke	95' 5"	1997
	Ben Robinson	Alexandria	95' 5"	1998
80 - 84	Herlindo Delgado	Burke	98'	2000
85 - +	J.R. Cassidy	Manassas	99'	2000

GOLF - GROSS SCORE - WOMEN

50 - 54	Sharon Orling	Springfield	100	1999
55 - 59	Linde Hurt	Fairfax	92	1999
60 - 64	Ruth Romeo	Fairfax	92	1998
65 - 69	Rosemary Austin	Herndon	95	1998
70 - 74	Faye Schultz	Falls Church	117	1989
75 - 79	Mae Fuller	Reston	124	1996
80 - 84	Queenie Buchanan	Arlington	111	1989

GOLF - GROSS SCORE - MEN

50 - 54	Mike Winters	Falls Church	79	1999
55 - 59	Lou Lawlor	Annandale	85	1994
60 - 64	Bernard Powers	Bristow	75	1996
65 - 69	Les Butler	Fairfax	74	1989
70 - 74	Jim Lemons	Vienna	74	1997
75 - 79	Gus Cavallo	Arlington	76	1997
80 - 84	Harry Sparshott	Leesburg	93	1999
85 +	Harold Leibert	Alexandria	103	1999

GOLF --"PEORIA" NET SCORE -- WOMEN

50 - 54	Yung Kim	Vienna	73	1999
	Linda Powell	Chantilly	73	1999
55 - 59	Frances Herrity	Sterling	72	1998
60 - 64	Marie Sterne	Vienna	80	1999
65 - 69	Anne Sharp	Arlington	64	1991
70 - 74	Cecilia Ivy	Springfield	70	1991
75 - 79	Dorothy Segal	Fairfax	87	1991
80 - 84	Queenie Buchanan	Arlington	80	1990

GOLF --"PEORIA" NET SCORE -- MEN

50 - 54	John Newman	Burke	65	1999
55 - 59	Bob Davis		69	1989
60 - 64	Bill Lowder	Falls Church	64	1999
	Claude Tynor	Fairfax	64	1991
65 - 69	Orland VanBavel	Woodbridge	58	1998
70 - 74	James Glassco	McLean	59	1995
75 - 79	Bill Hutchings	Falls Church	65	1992
80 - 84	Emanuel Hershkowitz	Reston	64	1998
85 +	Glen Swanson	Leesburg	69	1999

GOLF ---- "CALLAWAY" - NET SCORE

50 - 59	Carol Blair	Reston	50	2000
60 - 69	Lazell Hunigan	Sterling	64	2000
70 - 79	Wanda Bridgman	Fairfax	63	2000

GOLF ---- "CALLAWAY" - NET SCORE

50 - 59	Ron Scanlon	Centreville	64	2000
60 - 69	Don Borcherding	McLean	49	2000
70 - 79	Jim Lemons	Vienna	51	2000
80 +	Frank Licord	Sterling	75	2001

MINIATURE GOLF -- WOMEN

55 - 59	Betty Robertson	Arlington	41	1993
60 - 64	Anita Morgan	Arlington	42	1994
65 - 69	Polly Harrington	Falls Church	39	1992
70 - 74	Peg Harrington	Falls Church	40	1994
75 - 79	Dottie Gott	Arlington	41	1994
80 - 84	Birdie Hughes	Falls Church	40	1995
	Dorothy Segal	Fairfax	40	1995

MINIATURE GOLF -- MEN

55 - 59	Ray Holt	Arlington	36	1994
60 - 64	Lester Morgan	Arlington	33	1994
65 - 69	Elkton Harrington	Falls Church	36	1992
	John Melescue	Springfield	36	1993
70 - 74	John Melescue	Springfield	36	1994
75 - 79	Paul Smail	Falls Church	30	1992
80 - 84	Paul Smail	Falls Church	36	1994
85 - +	A. Edward DeSomma	McLean	44	1998

SWIMMING - BACKSTROKE -- WOMEN

50 - 54	Andrea Haines	Alexandria	37.83	1998
55 - 59	Betty Griffin	Falls Church	48.70	1986
60 - 64	Lou Kilby	Annandale	47.27	1987
65 - 69	Lou Kilby	Annandale	46.13	1990
70 - 74	Anne Walker	Arlington	47.10	1990
75 - 79	Anne Walker	Arlington	47.90	1992
80 - 84	Anne Walker	Arlington	50.70	1997
85 +	Carol Galbraith	Alexandria	1:00.75	2001

SWIMMING - BACKSTROKE -- MEN

50 - 54	Douglas Shaw	Herndon	41.66	2001
55 - 59	Tom Scott	Woodbridge	36.53	1995
60 - 64	Niel Sween	Vienna	35.89	1995
65 - 69	Niel Sween	Vienna	37.44	2001
70 - 74	James Glassco	McLean	41.80	1982
75 - 79	James Glassco	McLean	43.63	2001
80 - 84	J.R. Cassidy	Manassas	50.44	1997
85 - +	J.R. Cassidy	Manassas	58.75	2000

SWIMMING - BREAST STROKE - WOMEN

50 - 54	Andrea Haines	Alexandria	46.06	1998
55 - 59	Joanne Leilich	Springfield	41.54	1997
60 - 64	Minna Hamner	Annandale	50.65	1983
65 - 69	Grace Hamilton	Annandale	56.78	1985
70 - 74	Minna Hamner	Annandale	58.43	1997
75 - 79	Minna Hamner	Annandale	1:05.75	1998
80 - 84	Mrs. J. H. Symington	Leesburg	1:28.18	1998
85 - +	A. V. Symington	Lesburg	1:52.40	2001

SWIMMING - BREAST STROKE - MEN

50 - 54	James Hill	Springfield	35.72	1998
55 - 59	William Philips	Arlington	43.83	1982
60 - 64	Lawrence Cohen	Sterling	41.07	1997
65 - 69	Curran Tiffany	Arlington	41.20	1991
70 - 74	Curran Tiffany	Arlington	43.75	1996
75 - 79	Mohammad Assareh	Alexandria	49.26	1997
80 - 84	Mohammad Assareh	Alexandria	56.71	2001
85 - +	J.R. Cassidy	Manassas	1:23.78	2001

SWIMMING - FREESTYLE -- WOMEN

50 - 54	Andrea Haines	Alexandria	33.05	1998
55 - 59	Mary Schreiner	Annandale	31.49	1998
60 - 64	Minna Hamner	Annandale	40.76	1983
65 - 69	Elizabeth Deem	Woodbridge	37.38	1984
70 - 74	Anne Walker	Arlington	41.96	1987
75 - 79	Anne Walker	Arlington	43.99	1993
80 - 84	Anne Walker	Arlington	45.72	1997
85 +	Carol Galbraith	Alexandria	51.97	2001

SWIMMING - FREESTYLE - MEN

50 - 54	Robert Brookhiser	Arlington	29.77	2001
55 - 59	Tom Scott	Woodbridge	28.34	1995
60 - 64	Lawrence Cohen	Sterling	30.09	1998
65 - 69	John Shelley	Fairfax	34.48	1985
70 - 74	Bert Kassell	Arlington	32.47	1984
75 - 79	Bert Kassell	Arlington	33.21	1988
80 - 84	Bert Kassell	Arlington	38.60	1992
85 - +	J.R. Cassidy	Manassas	45.61	2001

SWIMMING - HALF MILE - WOMEN

50 - 54	Andrea Haines	Alexandria	12:56.26	1998
55 - 59	Mary Beth Schreiner	Annandale	14:11.06	1998
60 - 64	Matilda Huber	Fairfax	16:46.85	
65 - 69	Marcelle Meli	Vienna	18:45.39	1988
70 - 74	Anne Walker	Arlington	17:39.39	
75 - 79	Anne Walker	Arlington	17:24.41	1994
80 - 84	Carol Galbraith	Alexandria	18:00.61	1996
85 - +	Carol Galbraith	Alexandria	19:08.57	2001

SWIMMING - HALF MILE - MEN

50 - 54	James Hill	Springfield	12:55.00	2001
55 - 59	Bill Dean	Springfield	13:21.32	1990
60 - 64	Lawrence Cohen	Sterling	12:44.00	1997
65 - 69	William Philips	Arlington	15:44.66	
70 - 74	David McAfee	Falls Church	15:11.12	1983
75 - 79	Pat Russell	McLean	17:49.48	1995
80 - 84	Pat Russell	McLean	20:41.93	1999
85 - +	Ed Bierly	Lorton	23:21.42	2001

TRACK AND FIELD EVENTSDISCUS - WOMEN

50 - 54	Maria Miller	Arlington	58' 8 1/2"	1998
55 - 59	Maria Miller	Arlington	70' 8 1/2"	2000
60 - 64	Ellen Tharpe	Nokesville	55' 6"	1990
65 - 69	Bernie Kleinschmidt	Annandale	51' 0"	1991
70 - 74	Bernie Kleinschmidt	Annandale	54' 8 1/4"	1992
75 - 79	Bernie Kleinschmidt	Annandale	45' 4"	1997
80 - 84	Carla Convery	Alexandria	31' 9 1/2"	2000
85 - +	Mary Lathram	Falls Church	28' 6 1/2"	2000

DISCUS - MEN

50 - 54	Sergey Arutyunov	Fairfax	69' 2"	2001
55 - 59	Leonard Olsen	Centreville	145' 7"	1990
60 - 64	Leonard Olsen	Centreville	152' 0"	1991
65 - 69	William Smith	Alexandria	113' 0"	2000
70 - 74	Charles Pistorino	McLean	102' 1/2"	1996
75 - 79	Robert Laurents	Fairfax	92' 7 1/4"	1996
80 - 84	J.R. Cassidy	Manassas	81' 1 3/4"	1995
85 - +	J.R. Cassidy	Manassas	66' 1/2"	2000

LONG JUMP - RUNNING - WOMEN

50 - 54	Diane Lasichak	Alexandria	12'	2001
55 - 59	Maria Miller	Arlington	10' 11"	1999
60 - 64	Toni Letaw	Vienna	9' 7"	1999
65 - 69	Phyllis Kozan	McLean	7' 10"	1997
70 - 74	Rusty Dowling	Fairfax	8' 2"	1998
75 - 79	Bess Larson	Annandale	6' 4 1/2"	1994
80 - 84	Carla Convery	Alexandria	5' 1"	2000

LONG JUMP - RUNNING - MEN

55 - 59	Robert Taylor	Arlington	15' 9"	1998
60 - 64	Richard Enrico	Fairfax	13' 8 1/2"	1993
65 - 69	John Baker	Arlington	13' 5"	1994
70 - 74	John Baker	Arlington	12' 1"	2000
75 - 79	Josiah Smith	Ashburn	10' 10 1/4"	1994
80 - 84	Josiah Smith	Ashburn	9' 11"	1998
85 - +	Clarence Larson	Falls Church	5' 9 1/2"	1995

LONG JUMP - STANDING - WOMEN

50 - 54	Diane Lasichak	Alexandria	6' 5"	2001
55 - 59	Antonia Letaw	Vienna	6' 3"	1998
60 - 64	Toni Letaw	Vienna	6' 4"	1999
65 - 69	Elizabeth Deem	Woodbridge	5' 6 1/2"	1986
70 - 74	Rusty Dowling	Fairfax	6' 2"	1998
75 - 79	Elizabeth Deem	Woodbridge	4' 8"	1994
80 - 84	Mary Lathram	Falls Church	3' 11"	1995
85 - +	Mary Lathram	Falls Church	3' 9"	2001

LONG JUMP - STANDING - MEN

50 - 54	Don Meli	Annandale	7' 2"	1998
55 - 59	Wayne Wilson	Fairfax	8' 6"	1994
60 - 64	Richard Enrico	Fairfax	8' 4"	1992
65 - 69	Neel Price	McLean	7' 11"	1984
70 - 74	Neel Price	McLean	7' 6 3/4"	1985
75 - 79	Glen Drummond	Fairfax	6' 7"	1996
80 - 84	Herlindo Delgado	Burke	6' 6"	2001
85 - +	Clarence Larson	Falls Church	3' 10"	1998

SHOT PUT - WOMEN

50 - 54	Maria Miller	Arlington	29' 2"	1998
55 - 59	Maria Miller	Arlington	29' 1"	1999
60 - 64	Ellen Tharpe	Nokesville	23' 11"	1991
65 - 69	Maxine Bartlett	Woodbridge	26' 1/2"	1995
70 - 74	Josephine Stewart	Manassas	23' 8 1/2"	1996
75 - 79	Josephine Stewart	Manassas	21' 6"	2000
80 - 84	Irene Tierney	Montclair	16' 11 1/2"	1997
85 - +	Peg Bell	Manassas	14' 1 1/2"	1997

SHOT PUT – MEN

50 - 54	Don Meli	Annandale	41' 5"	1998
55 - 59	Richard West	Springfield	54' 10"	1984
60 - 64	Leonard Olson	Centreville	52' 8"	1991
65 - 69	Charles Pistorino	McLean	43' 9"	1992
70 - 74	Charles Pistorino	McLean	40' 11 1/2"	1994
75 - 79	John Schlogl	Springfield	38' 3 1/2"	1994
80 - 84	J.R. Cassidy	Manassas	35' 11 1/2"	1995
85 - +	J.R. Cassidy	Manassas	28' 8 3/4"	2000

SOFTBALL HIT – WOMEN

50 - 54	Darlene Huntsinger	Woodbridge	156'	1998
55 - 59	Antonia Letaw	Vienna	166' 7"	1994
60 - 64	Donna Packard	Vienna	156'	1994
65 - 69	Josephine Stewart	Manassas	135' 0"	1990
70 - 74	Josephine Stewart	Manassas	143'	1998
75 - 79	Josephine Stewart	Manassas	111'	2000
80 - 84	Mary Lathram	Falls Church	73' 6"	1998
85 - +	Mary Lathram	Falls Church	52' 3"	2000

SOFTBALL HIT – MEN

50 - 54	Don Meli	Annandale	206' 4"	1998
55 - 59	Ray Holt	Arlington	261'	1994
60 - 64	Del Wilson	Burke	229' 4"	1998
65 - 69	Leon Braxton	Alexandria	218' 2"	1988
70 - 74	Al Smith	Fairfax	231' 7"	1999
75 - 79	Raymond Kaminski	Annandale	186'	1995
80 - 84	Raymond Kaminski	Annandale	166' 9"	1997
85 - +	Raymond Kaminski	Annandale	135' 6"	2001

SOFTBALL THROW – WOMEN

50 - 54	Maria Miller	Arlington	102' 3"	1998
55 - 59	Gloria Bortell	Arlington	122' 5"	1990
60 - 64	Toni Letaw	Vienna	92' 3"	1999
65 - 69	Josephine Stewart	Manassas	86' 6"	1991
70 - 74	Josephine Stewart	Manassas	87'	1995
	Mary Williams	Woodbridge	87'	1996
75 - 79	Josephine Stewart	Manassas	82' 5"	2000
80 - 84	Birdie Hughes	Falls Church	52' 6"	1996
85 - +	Mary Lathram	Falls Church	38'	2000

SOFTBALL THROW – MEN

50 - 54	Randy Meyers	Arlington	137'	2000
55 - 59	Dan Barolo	Alexandria	219' 1"	1999
60 - 64	Alan Dale Clark	Vienna	198' 0"	1985
65 - 69	Ken Woodall	Gainesville	169'	2001
70 - 74	Ray Kaminski	Annandale	168' 11"	1990
75 - 79	Richard Williams	Falls Church	144' 2"	1989
80 - 84	J.R. Cassidy	Manassas	138'	1996
85 - +	Ray Kaminski	Annandale	98'	2001

50 METER DASH – WOMEN

50 - 54	Diane Lasichak	Alexandria	8.21	2001
55 - 59	Jean Williams	Alexandria	7.92	1983
60 - 64	Carla Convery	Alexandria	7.67	1983
65 - 69	Josephine Stewart	Manassas	9.10	1992
70 - 74	Josephine Stewart	Manassas	9.23	1996
75 - 79	Josephine Stewart	Manassas	9.25	2001
80 - 84	Carla Convery	Alexandria	10.82	2001

50 METER DASH – MEN

50 - 54	Don Meli	Annandale	6.94	1998
55 - 59	Robert Taylor	Arlington	6.48	1997
60 - 64	Fernand Achee	Alexandria	6.78	1982
	Dick West	Springfield	6.78	1990
65 - 69	Aubrey Williams	Fairfax	6.26	1982
70 - 74	John Ball	Arlington	6.56	1982
75 - 79	Richard Williams	Falls Church	8.46	1990
80 - 84	Josiah Smith	Ashburn	7.97	1997
85+	Clarence Larson	Falls Church	12.52	1996
	Ray Kaminski	Annandale	12.52	2001

100 METER DASH – WOMEN

50 - 54	Diane Lasichak	Alexandria	15.95	2001
55 - 59	Sharon Helton	Vienna	15.54	1998
60 - 64	Jean Campbell	Alexandria	16.09	1987
65 - 69	Josephine Stewart	Manassas	17.91	1992
70 - 74	Josephine Stewart	Manassas	17.68	1996
75 - 79	Josephine Stewart	Manassas	18.56	2001
80 - 84	Hedy Marque	Alexandria	22.53	1998

100 METER DASH – MEN

50 - 54	Don Meli	Annandale	13.84	1998
55 - 59	Richard West	Springfield	11.41	1985
60 - 64	Donald Easton	Annandale	11.95	1985
65 - 69	Aubrey Williams	Fairfax	13.47	1982
70 - 74	Neel Price	McLean	13.09	1985
75 - 79	Glen Drummond	Fairfax	16.07	1996
80 - 84	Josiah Smith	Ashburn	16.17	1997
85 - +	Clarence Larson	Falls Church	28.87	1998

200 METER DASH – WOMEN

50 - 54	Diane Lasichak	Alexandria	34.63	2001
55 - 59	Helen Crum	Annandale	36.83	1996
60 - 64	Helen Crum	Annandale	39.99	2001
65 - 69	Josephine Stewart	Manassas	39.15	1993
70 - 74	Josephine Stewart	Manassas	42.48	1995
75 - 79	Josephine Stewart	Manassas	42.38	2000
80 - 84	Hedy Marque	Alexandria	55.42	2000

200 METER DASH – MEN

50 - 54	Terrance Kuruppu	McLean	29.54	1998
55 - 59	Richard Enrico	Fairfax	27.95	1991
60 - 64	Hal Goolsby	McLean	28.27	1992
65 - 69	Curran Tiffany	Arlington	30.15	1991
70 - 74	Hal Goolsby	McLean	31.16	2000
75 - 79	Josiah Smith	Ashburn	35.38	1992
80 - 84	Josiah Smith	Ashburn	35.25	1997

400 METER RUN – WOMEN

55 - 59	Rachel Brown	Fairfax	1:24.36	1987
60 - 64	Helen Crum	Annandale	1:27.53	2001
65 - 69	Doralie Segal	Arlington	1:35.53	1998
70 - 74	Mary Boska	Alexandria	1:52.78	1999
80 - 84	Hedy Marque	Alexandria	2:04.00	2000

400 METER RUN – MEN

50 - 54	Dave Bertagnoli	McLean	1:05.84	1999
55 - 59	James Bradley	Springfield	1:05.89	1993
60 - 64	Hal Goolsby	McLean	1:07.22	1992
65 - 69	Curran Tiffany	Arlington	1:08.32	1991
70 - 74	Hal Goolsby	McLean	1:13.00	2000
75 - 79	Josiah Smith	Ashburn	1:23.13	1993
80 - 84	Josiah Smith	Ashburn	1:32.28	1997

800 METER RUN – WOMEN

50 - 54	Joy Chambers	Alexandria	4:19.90	1998
55 - 59	Betty Dameron	Arlington	3:14.75	1990
60 - 64	Henrietta Witt	Arlington	4:23.58	1984
65 - 69	Doralie Segal	Arlington	3:37.40	1997
70 - 74	Marilyn Carney	Arlington	6:35.22	1999
75 - 79	Eloise Over	Alexandria	5:12.00	1996
80 - 84	Hedy Marque	Alexandria	3:58.20	1998

800 METER RUN – MEN

50 - 54	Robert Brookhiser	Arlington	2:35.66	2001
55 - 59	Ronald Gerugthy	Annandale	2:41.00	1990
60 - 64	Herb Chisholm	Alexandria	2:48.00	1988
65 - 69	John P. McIntyre	Springfield	2:52.21	1987
70 - 74	Curran Tiffany	Arlington	3:04.20	1996
75 - 79	Paul Lackey	Arlington	3:26.85	1999
80 - 84	John Allums	Falls Church	4:20.07	1992

800 METER WALK – WOMEN

50 - 54	Kim Fess	Annandale	5:25.76	1998
55 - 59	Dot Michaels	Arlington	4:51.00	1983
60 - 64	Jean Wood	Springfield	5:05.00	1986
65 - 69	Jean Wood	Springfield	5:22.49	1990
70 - 74	Mary Boska	Alexandria	5:38.00	2000
75 - 79	Mary Lathram	Falls Church	5:57.75	1990
80 - 84	Mary Lathram	Falls Church	6:35.61	1995
85 - +	Mary Lathram	Falls Church	6:37.00	2000

800 METER WALK – MEN

50 - 54	Bob Ryan	Ashburn	4:28.79	1999
55 - 59	Jack Ozment	Philomont	4:10.00	1987
60 - 64	David Bright	Manassas	4:31.09	1989
65 - 69	Louis Alelle	Leesburg	4:28.18	1986
70 - 74	Edward Seeger	Falls Church	4:37.00	1985
75 - 79	John Allums	Falls Church	5:01.62	1991
80 - 84	Ed Seeger	Falls Church	5:30.02	1997
85 - +	Ed Seeger	Falls Church	6:11.86	2001

1500 METER WALK – WOMEN

50 - 54	Joy Chambers	Alexandria		1998
55 - 59	Rita Windish	Alexandria	10:40.58	1995
60 - 64	Rita Windish	Alexandria	10:44.00	1996
65 - 69	Rita Windish	Alexandria	10:51.00	2000
70 - 74	Terry Hamilton	Reston	10:54.83	1999
75 - 79	Eloise Over	Alexandria	11:50.10	1999
80 - 84	Mary Lathram	Falls Church	12:32.12	1999
85 - +	Mary Lathram	Falls Church	12:32.00	2000

1500 METER WALK – MEN

50 - 54	Bob Ryan	Ashburn	9:50.12	1999
55 - 59	Victor Litwinski	McLean	8:56.52	2001
60 - 64	Charles Toftoy	Arlington	10:08.30	1998
65 - 69	Shannon Ferguson	Alexandria	10:00.00	1992
70 - 74	John Dunaway	Arlington	10:11.22	1992
75 - 79	Shannon Ferguson	Alexandria	10:38.40	1998
80 - 84	Ed Seegar	Falls Church	10:35.90	1997
85 - +	Ed Seegar	Falls Church	11:08.00	2000

1600 METER RUN – WOMEN

55 - 59	Betty Dameron	Arlington	6:55.42	1990
60 - 64	Helen Simpson	Arlington	8:17.00	1988
65 - 69	Irene Sutherland	Manassas	8:34.62	1988
70 - 74	Kay Bachman	Falls Church	12:44.00	1984
75 - 79	Virginia Pierce	Falls Church	14:03.60	1991
80 - +	Eva Belle Mimms	Arlington	15:51.34	1991

1600 METER RUN – MEN

55 - 59	Herb Chisholm	Alexandria	5:30.00	1983
60 - 64	Herb Chisholm	Alexandria	5:38.07	1986
65 - 69	John McIntyre	Springfield	6:25.98	1986
70 - 74	Jules Averitt	Alexandria	8:22.14	1990
75 - 79	Alwym Woods	Springfield	9:32.23	1986

1600 METER WALK – WOMEN

55 - 59	Dorothy Michaels	Arlington	9:49.00	1982
60 - 64	Jean Wood	Springfield	10:28.06	1986
65 - 69	Jean Wood	Springfield	11:11.09	1989
70 - 74	Mary Lathram	Falls Church	12:02.58	1989
75 - 79	Mary Lathram	Falls Church	12:31.03	1990
80 - +	Eva Belle Mimms	Arlington	15:51.34	1991

1600 METER WALK - MEN

55 - 59	Jack Ozment	Philomont	8:49.19	1989
60 - 64	John Dunaway	Arlington	9:54.00	1986
65 - 69	John Dunaway	Arlington	9:59.37	1989
70 - 74	Clarence Patton	Annandale	7:46.48	1989
75 - 79	John Allums	Falls Church	9:27.88	1989
80 - +	John Hoffman	Woodbridge	14:23.86	1988

3 MILE WALK - WOMEN

50 - 54	Beth Baynes	Arlington	35:13.00	1999
55 - 59	Dot Michaels	Arlington	32:30.00	1983
60 - 64	Jean Wood	Springfield	34:25.00	1986
65 - 69	Rita Windish	Alexandria	36:20.07	2000
70 - 74	Mary Boska	Alexandria	35:45.70	1999
75 - 79	Eloise Over	Alexandria	37:37.80	1997
80 - 84	Mary Lathram	Falls Church	40:25.98	1995
85 - +	Mary Lathram	Falls Church	43:17.89	2000

50 - 54	Bob Ryan	Ashburn	32:09.70	1999
55 - 59	S.J. Miller	Woodbridge	29:18.91	1991
60 - 64	John Dunaway	Arlington	30:02.98	1986
65 - 69	Ralph Driscoll	Alexandria	29:53.47	1991
70 - 74	Edward Seegar	Falls Church	31:00.00	1985
75 - 79	John Allums	Falls Church	33:02.00	1990
80 - 84	Edward Seegar	Falls Church	34:57.90	1997
85 - +	Edward Seegar	Falls Church	38:39.47	2000

THE NORTHERN VIRGINIA SENIOR OLYMPIC COMMITTEE

WOULD LIKE TO THANK ALL OF THE VOLUNTEERS

AND SPONSORING AGENCIES FOR THEIR ASSISTANCE !!

THE 550 SENIOR REGISTRANTS APPRECIATE EVERYONE'S EFFORTS ON THEIR BEHALF.

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