

For Immediate Release July 2021

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Northern Virginia Senior Olympics Returning Sept. 18-30; Register Online

The 2021 Northern Virginia Senior Olympics is returning for its 39th season with an opening ceremony Saturday, Sept. 18, 9:30 a.m. at the Thomas Jefferson Community Center, 2501 S. 2nd St., Arlington. Over 50 events will take place Sept. 18-30 at 17 various venues throughout Northern Virginia. Online only registration opens Saturday, July 31 and closes Monday, Sept. 6 through www.nvso.us. Registration brochures with detailed information were mailed to past participants and are available at some community centers as well as online.

Participants must be 50 years of age by December 31, 2021 and live in a sponsoring jurisdiction. Registration fee is \$15 which covers multiple events. It is expected that all participants and volunteers will have been vaccinated against COVID-19 and follow protocols in place during the competitions.

There are events from track and field to tennis and swimming to sudoku and new this year, crossword puzzles. Gold, silver and bronze medals are awarded after each event. All events are open to the public. For more information, email, nvso1982@gmail.com. Results and photos from previous years can also be found on the website. Sponsoring jurisdictions are the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William and the cities of Alexandria, Fairfax and Falls Church.

2021 Gold Patron sponsors are Advanced Hearing Services, Aetna Medicare Solutions, Chesterbrook Residences, Facial Plastic Surgery Center, Goodwin House, Inc., Greenspring Retirement Community, The Jefferson, Koons Automotive Toyota Arlington, Potomac Valley Track Club, Retirement Unlimited, Inc., Aarondale Assisted Living Community, Heatherwood Retirement Community, Paul Spring Retirement Community, Wellington Senior Living Community, Safe & Secure Transition Home Care, Tall Oaks Assisted Living at Reston, Virginia Relay, The Virginian and Westminster at Lake Ridge. Silver Patrons are Wegmans and Yoga, Stretch and Move.

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