

Volunteer Job Description for NVSO 2021

3 Mile Power Walk Individual Lap Counter & Checkin

- **Assignment Title:** Individual lap counter & checkin
- **Number of Volunteers needed (minimum/maximum):** minimum 4, preferable 5 -6
- **Location of Assignment:** Falls Church High School outdoor track, 7521 Jaguar Trail, Falls Church VA 22042
- **Volunteer Supervisor:**
 - **Name:** Keg Good
 - **Role/Title:** NVSO 3 Mile Power Walk Coordinator
 - **Email:** keg.good@fairfaxcounty.gov
 - **Phone:** 703 987-9070
- **Dates/Time/Shifts Needed:** Sunday, September 26. 2 people at 4:30 to check people in and hand out bib numbers. Others at 4:40 - 7 (event starts at 5pm). Follows the Field Events.
- **Volunteer Duties:** Record time for each lap (12 laps total) for up to 5 people onto a single page form. Let participants know how many laps they have left. Legible handwriting. Advisable to bring a chair.
- **Physical/Medical Requirements:** Activities are outside. Sedentary.
- **Safety Risks:** weather, sunburn?
- **Volunteer Benefits/Recognition:** 😊 big smile
- **Meals/Refreshments/Other Provided:** Water provided.
- **Any Additional information:** I will send out further details when we know the participant counts & number of heats. I hope we will have a single heat but there could be 2. Each heat will take 45 – 60 minutes.

3 Mile Lap Counter		Your (counter) name			
athlete name & bib #		athlete name & bib #		athlete name & bib #	
lap	time	lap	time	lap	time
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
7		7		7	
8		8		8	
9		9		9	
10		10		10	
11		11		11	
12		12		12	
final time:		final time:		final time:	
<input type="text"/>		<input type="text"/>		<input type="text"/>	
age/gender		age/gender		age/gender	
Notes, if needed, overall place? Who was ahead if finish was close.					

8/15/2021