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Contact: Michael McLaughlin, 703-508-0331

## Despite Covid Concerns Seniors Turned Out Big for NVSO Events

Michael McLaughlin, acting chairman of the 2021 Northern Virginia Senior Olympics, which concluded in late September, said nearly 700 men and women age 50 and older competed in over 50 events at 17 different venues throughout Northern Virginia. “A record number of folks participated in the track events which took place following opening ceremonies at the Thomas Jefferson Community Center in Arlington,” said McLaughlin.

“The NVSO committee was extremely cognizant throughout the year of the ever-changing CDC restrictions and cancelled a number of indoor events to be on the safe side,” said McLaughlin. Registration chairman Herb Levitan said, “For the first time registration was totally online which proved to be widely accepted and an efficient way to reduce errors. It also enabled us to determine that 97% of those registered were fully vaccinated.”

Complete details, events, results and photographs are on the website at [www.nvso.us](http://www.nvso.us). Additional information may be obtained at [nvso1982@gmail.com](mailto:nvso1982@gmail.com).

NVSO is sponsored by the cities of Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Loudoun, Fauquier and Prince William. To participate in NVSO, persons must be 50 years of age and older and live in a sponsoring jurisdiction. Events are competed in 5, 10, 20 or no age groups. Gold, silver and bronze medals are awarded after each event. The dates for the next NVSO will be mid-September 2022.

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