

For Immediate Release July 22

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Registration Underway for 2022 NVSO

Registration opened July 6 for the 2022 Northern Virginia Senior Olympics which will take place Sept. 10-24. Over 70 individual events will be hosted at 25 different venues throughout Northern Virginia. “We are expecting a record turnout as many of our indoor events were not available last year due to Covid,” said Herb Levitan, NVSO chairman. “We are also celebrating our 40th Anniversary,” said Levitan who has been a participant for 20 years.

Registration is online only at www.nvso.us. Registration fee is \$20 which covers unlimited events. There are additional fees for ten pin bowling, orienteering and cycling. Adults 50 years of age by Dec. 31 who live in a sponsoring jurisdiction are eligible to participate. There is no onsite registration. The website also has multiple photos taken by the Osher Life Long Learning’s Photography Club at George Mason University. Their NVSO photos are also on display at the Thomas Jefferson Community Center, Arlington and the Oak Marr Recreation Center in Oakton.

2022 events include track, ERG rowing, cycling, swimming, diving, Wii bowling, ten pin bowling, eight and nine ball pool, tennis, scrabble, crossword puzzle, croquet, Mexican train dominoes, Sudoku, handball, rummikub, football and frisbee throw, softball hit and throw, jigsaw puzzle, Mah Jongg, bocce, horseshoes, cribbage, cornhole toss, pickleball, table tennis, 5K Trail race, basketball field goals and free throw, orienteering, field events, racquetball, bunco, line dancing, miniature golf, duplicate bridge, Canasta and badminton. New this year is weight lifting. Gold, silver and bronze medals are awarded after each event. All events are open to the public.

NVSO is sponsored by the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William and the cities of Alexandria, Fairfax and Falls Church. NVSO is also supported by Gold Patrons who contribute \$1000 enabling NVSO to purchase and replace equipment and services, promote participation and provide awards of recognition. 100% of money donated is used entirely for NVSO activities. It is a non-profit 501-C-3 organization. Gold Patrons are Hunters Woods at Trails Edge, Chesterbrook Residences, Advanced Hearing Services, Greenspring Retirement Community, Westminster at Lake Ridge, Goodwin Living, Facial Plastic Surgery Center, The Jefferson, Ashleigh at Lansdowne, Heatherwood Retirement Community, Paul Spring Retirement Community and Wellington at Lake Manassas.

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