

	Event:		1 Meter Diving				
	Women Record Holders						
	<b>DIVING – WOMEN</b>						
	50 - 54	Madeline Fleckenstein	Arlington	193.1	2012		
	55 - 59	Madeline Fleckenstein	Arlington	206.50	2018		
	60 - 64	Carol Mackela	Arlington	175.7	2012		
	65 - 69	Carol Mackela	Springfield	203.60	2018		
	70 – 74	Carol Mackela	Springfield	160.4	2021		
	75 – 79	Mandy Whalen	Falls Church	101.95	2018		
	80 – 84	Mandy Whalen	Falls Church	98.3	2021		
	List of Participants 2022						
<b>Sex</b>	<b>Age Group</b>	<b>Place</b>	<b>Age</b>	<b>Firstname</b>	<b>Lastname</b>	<b>City</b>	<b>Results</b>
F	50-54	Gold	51	Nora	Ristovska	Arlington	159.15
F	60-64		64	Guinevere	Meyer	Alexandria	DNP
F	70-74	Gold	73	Karen	Alderman	Arlington	142.33
F		Silver	72	Carol J	Mackela	Springfield	139.80
F	80-84		82	Mandy	Whalen	Falls Church	DNP

	Men Record Holders						
	<b>DIVING – MEN</b>						
	50 – 54	Thomas Blakemen	Falls Church	255.95	2022*		
	55 – 59	Bobby Meeks	Arlington	253.25	2012		
	60 – 64	Bobby Meeks	Arlington	207.85	2013		
	65 – 69	Duane Clayton Cox	Fairfax	205.15	2015		
	70 – 74	Kim Alderman	Arlington	166.35	2012		
	75 – 79	Kim Alderman	Arlington	168.45	2016		
	80 – 84	Kim Alderman	Arlington	172.45	2021		
	List of Participants 2022						
<b>Sex</b>	<b>Age Group</b>	<b>Place</b>	<b>Age</b>	<b>Firstname</b>	<b>Lastname</b>	<b>City</b>	<b>Results</b>
M	50-54	Gold	50	Thomas	Blakeman	Falls Church	255.95*
M		Silver	53	Miguel	Perez	Oakton	184.70
M	55-59		58	Stephen	Neal	Chantilly	DNP
M	60-64	Gold	61	Douglas	Bell	Vienna	179.15
M	70-74	Gold	70	Jeffrey	Kidwell	Vienna	76.00
M	80-84	Gold	82	Kim	Alderman	Arlington	158.75
M		Silver	83	Carlos	Rodriguez	Dumfries	100.00