

Event:		Swimming 100 Backstroke					
Women Record Holders							
<b>SWIMMING – BACKSTROKE 100 YDS – WOMEN (NEW IN 2014)</b>							
50 – 54	Terri Cameron	Bristow	1:29.37	2018			
55 - 59	Beth Baker	Arlington	1:15.04	2019			
60 – 64	Denise Kirwan	Falls Church	1:20.28	2016			
	Beth Baker	Arlington	1:20.59	2021			
65 – 69	Denise Kirwan	Leesburg	1:24.94	2019			
70 – 74	Denise Kirwan	Leesburg	1:26.25	2022*			
75 – 70	Jane Gieson	Arlington	2:17.5	2014			
80 – 84	Beth Schreiner	Annandale	1:54.35	2021			
85 – 89	Geertruida DeRosa	Springfield	3:03.87	2022*			
List of Participants 2022							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54	Gold	54	Laura	Wissing	Ashburn	1:46.81
F			54	JT	Thomas	Alexandria	DNP
F	55-59	Gold	57	Ann	Chaney	Bristow	1:53.00
F			56	Marilyn	Lipstreuer	Bristow	DNP
F	60-64	Gold	61	Beth	Baker	Arlington	1:18.71
F	70-74	Gold	70	Denise	Kirwan	Leesburg	1:26.25* *
F		Silver	73	Sharon (Kay)	Lusk	Alexandria	3:39.71
F		Bronze	70	Carol	Rivers	Arlington	4:49.72
F	75-79	Gold	77	Elizabeth	Hall	Manassas	2:38.16
F	85-89	Gold	86	Geertruida	DeRosa	Springfield	3:03.87* *
F		Silver	85	Joyce	Tobias	Haymarket	3:20.16

	Men Record Holders							
	<b>SWIMMING – BACKSTROKE 100 YDS – MEN (NEW IN 2014)</b>							
	50 – 54	Tom Gittins	Falls Church	1:08.21	2016			
	55 – 59	Tom Gittins	Falls Church	1:08.35	2018			
	60 – 64	Rob Romo	Oakton	1:20.65	2018			
	65 – 69	Bruce Fisher	Fairfax	1:19.6	2014			
	70 – 74	Leo Deege	Vienna	1:20.2	2014			
	75 – 79	Howard Rolston	Arlington	1:24.07	2019			
	80 – 84	Lou Brown	Leesburg	1:52	2014			
	85 – 89	Lawrence Cohen	Sterling	2:01.25	2022*			
	90 – 94	Phil Case	Springfield	2:38.59	2019			
	List of Participants 2022							
<b>Sex</b>	<b>Age Group</b>	<b>Place</b>	<b>Age</b>	<b>Firstname</b>	<b>Lastname</b>	<b>City</b>	<b>Results</b>	
M	55-59		59	Christopher	House	Annandale	DNP	
M	60-64		60	John	Leahy	Springfield	DNP	
M	65-69	Gold	67	Kap	Ro	Nokesville	2:14.25	
M			69	Ken	Freund	Alexandria	DNP	
M	70-74	Gold	72	James	Hill	Springfield	1:32.87	
M		Silver	72	Steve	Stone	Sterling	3:06.82	
M			71	David	Nolan	Arlington	DNP	
M			71	Douglas	Shaw	Herndon	DNP	
M	75-79	Gold	78	Donald	Meli	Annandale	1:59.81	
M		Silver	75	Benyuan	Meng	Vienna	2:13.09	
M			78	Charles	Kleymeyer	Arlington	DNP	

M	80-84	Gold	80	Hugh	McGee	Annandale	1:54.50	
M		Silver	83	Herb	Levitan	Arlington	1:58.12	
M		Bronze	83	Carlos	Rodriguez	Dumfries	2:54.97	
M	85-89	Gold	87	Lawrence	Cohen	Sterling	2:01.25*	*
M			86	Andy	Kapfer	Annandale	DNP	
M			87	Elmer Robert -	Premo	Arlington	DNP	
M			87	Niel	Sween	Vienna	D NP	
M	90-94	Gold	93	Phil	Case	Springfield	2:41.25	
M	95-99		97	Dixon	Hemphill	Fairfax Station	DNP	