

Event:		Swimming 50 yd Backstroke					
Women Frecord Holders							
SWIMMING – BACKSTROKE 50 YDS – WOMEN							
50 - 54	Andrea Haines	Alexandria	:37.83	1998			
55 - 59	Beth Baker	Arlington	:34.40	2019			
60 - 64	Beth Baker	Arlington	:36.41	2022*			
65 - 69	Denise Kirwan	Leesburg	:39.47	2018			
70 - 74	Denise Kirwan	Leesburg	:40.72	2022*			
75 - 79	Anne Walker	Arlington	:47.90	1992			
80 - 84	Anne Walker	Arlington	:50.70	1997			
85 - 89	Carol Galbraith	Alexandria	1:00.75	2001			
90 - 94	Mary Latham	Falls Church	1:10.31	2006			
	Joan Doupe	Falls Church	1:10	2012			
List of Participants 2022							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54	Gold	54	Laura	Wissing	Ashburn	52.56
F			54	JT	Thomas	Alexandria	DNP
F	55-59		56	Marilyn	Lipstreuer	Bristow	DNP
F	60-64	Gold	61	Beth	Baker	Arlington	36.41*
F	70-74	Gold	70	Denise	Kirwan	Leesburg	40.72*
F		Silver	71	Soody	Chamanara	Vienna	1:26.25
F		Bronze	73	Sharon (Kay)	Lusk	Alexandria	1:32.35
F		4	70	Carol	Rivers	Arlington	2:03.94
F	75-79	Gold	77	Elizabeth	Hall	Manassas	1:11.81
F			75	Ruth	Hamilton	McLean	DNP
F	80-84	Gold	81	Beth	Schreiner	Annandale	52.28
F	85-89	Gold	85	Joyce	Tobias	Haymarket	1:38.22

	Men Record Holders						
	SWIMMING – BACKSTROKE 50 YDS – MEN						
	50 - 54	Dan Meek	Arlington	:27.75	2008		
	55 - 59	Tom Gittins	Falls Church	:31.75	2018		
	60 - 64	Bruce Fisher	Fairfax City	:35.59	2012		
	65 - 69	Kevin Culhane	Lorton	:34.91	2013		
	70 - 74	Kevin Culhane	Lorton	:35.35	2018		
	75 - 79	Howard Rolston	Arlington	:37.35	2019		
	80 - 84	James Glassco	McLean	:46.74	2006		
	85 - 89	Chester Myslicki	McLean	:56.49	2006		
	90 - 94	Phil Case	Springfield	1:05.10	2019		
	95 – 99	J.R. Cassidy	Manassas	1:21.03	2011		

	List of Participants 2022							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results	
M	55-59	Gold	57	Mark	Ross	Gainesville	48.82	
M			59	Tim	Stroud	Alexandria	DNP	
M	60-64	Gold	61	Gregory	DeRosa	Herndon	35.78	
M			60	John	Leahy	Springfield	DNP	
M			64	John	Gudgel	Herndon	DNP	
M	65-69	Gold	67	Kap	Ro	Nokesville	57.41	
M			69	Ken	Freund	Alexandria	DNP	
M	70-74	Gold	71	Douglas	Shaw	Herndon	55.31	
M		Silver	74	Eiji	Yasuhara	Sterling	1:01.13	
M		Bronze	72	Steve	Stone	Sterling	1:24.71	
M	75-79	Gold	76	Kevin	Culhane	Lorton	39.44	
M		Silver	78	Donald	Meli	Annandale	55.12	
M		Bronze	75	Benyuan	Meng	Vienna	57.28	
M			4	79	Ted	Nanz	Fairfax Station	1:02.00
M			78	Charles	Kleymeyer	Arlington	DNP	
M	80-84	Gold	80	Hugh	McGee	Annandale	48.12	
M		Silver	83	Herb	Levitan	Arlington	53.31	
M		Bronze	83	Carlos	Rodriguez	Dumfries	1:16.53	
M			84	John	Ewing	Falls Church	DNP	
M	85-89		86	Andy	Kapfer	Annandale	DNP	
M			87	Elmer Robert -	Premo	Arlington	DNP	
M			87	Lawrence	Cohen	Sterling	DNP	
M			87	Niel	Sween	Vienna	DNP	
M	90-94	Gold	93	Phil	Case	Springfield	1:07.72	
M	95-99		97	Dixon	Hemphill	Fairfax Station	DNP	