

Men record Holders							
SWIMMING – BREAST STROKE 100 YDS – MEN (NEW IN 2016)							
50 – 54	Mark Harris	Alexandria	1:13.46	2016			
55 – 59	Robert Romo	Oakton	1:22.03	2017			
60 – 64	Robert Romo	Oakton	1:24.84	2019			
65 – 69	James Hill	Springfield	1:22.31	2017			
70 – 74	James Lengle	Arlington	1:29.80	2019			
	James Hill	Springfield	1:29.94	2021			
75 – 79	James Leimkuhler	McLean	1:48.81	2021			
80 – 84	David Nichols	Oakton	1:51.09	2017			
85 – 89	Lawrence Cohen	Sterling	2:08.47	2022*			
List of Participants 2022							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	54	Art	Singletary	Fairfax	1:20.62
M	60-64	Gold	63	Slawomir	Olender	McLean	1:41.72
M		Silver	60	John	Leahy	Springfield	1:59.13
M		Bronze	60	Radoslaw	Radzikowski	Haymarket	3:07.07
M	65-69	Gold	67	Benjamin	Viellieu	Burke	1:40.38
M		Silver	67	Mark	Monaco	Manassas	2:47.84
M			69	Ken	Freund	Alexandria	DNP
M	70-74	Gold	72	James	Hill	Springfield	1:33.07
M		Silver	71	Douglas	Shaw	Herndon	1:53.72
M		Bronze	74	Eiji	Yasuhara	Sterling	1:55.88
M		4	72	Steve	Stone	Sterling	2:05.94
M	75-79	Gold	78	Donald	Meli	Annandale	2:11.97

M	80-84	Gold	83	Herb	Levitan	Arlington	2:08.19	
M		Silver	82	John	Dineen	Springfield	2:10.97	
M		Bronze	83	Carlos	Rodriguez	Dumfries	2:41.69	
M	85-89	Gold	87	Lawrence	Cohen	Sterling	2:08.47*	*
M			86	Andy	Kapfer	Annandale	DNP	
M			87	Elmer Robert -	Premo	Arlington	DNP	
M	95-99		97	Dixon	Hemphill	Fairfax Station	DNP	