

Event:		Swimming 50 Freestyle					
Women Record Holders							
SWIMMING – FREESTYLE 50 YDS – WOMEN							
50 - 54	Andrea Haines	Alexandria	:33.05	1998			
55 - 59	Beth Baker	Arlington	:29.86	2019			
60 - 64	Beth Baker	Arlington	:31.94	2022*			
65 - 69	Denise Kirwan	Leesburg	:34.78	2021			
70 - 74	Denise Kirwan	Leesburg	:34.84	2022*			
75 - 79	Ruth Bennett	Alexandria	:41.22	2022*			
80 - 84	Beth Schreiner	Annandale	:41.16	2021			
85 - 89	Carol Galbraith	Alexandria	:51.97	2001			
90 +	Mary Lathram	Falls Church	1:09.54	2006			
List of Participants 2022							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54	Gold	54	Laura	Wissing	Ashburn	37.68
F			54	JT	Thomas	Alexandria	DNP
F	55-59	Gold	58	Amy	Levinrad	Ashburn	54.03
F			56	Marilyn	Lipstreuer	Bristow	DNP
F	60-64	Gold	61	Beth	Baker	Arlington	31.94*
F		Silver	63	Duk	Ro	Nokesville	59.10
F	65-69	Gold	66	Sallie	Porter	Alexandria	39.78
F	70-74	Gold	70	Denise	Kirwan	Leesburg	34.84*
F		Silver	71	Soody	Chamanara	Vienna	1:09.53
F		Bronze	70	Carol	Rivers	Arlington	1:41.03
F	75-79	Gold	76	Ruth	Bennett	Alexandria	41.22*
F		Silver	77	Elizabeth	Hall	Manassas	1:09.19
F			75	Ruth	Hamilton	McLean	DNP
F	80-84	Gold	81	Beth	Schreiner	Annandale	41.35
F			82	Marge	Corrieri	Arlington	DNP
F	85-89	Gold	85	Joyce	Tobias	Haymarket	1:41.35
Men Record Holders							
SWIMMING – FREESTYLE 50 YDS – MEN							
50 - 54	Bret Bailey	Herndon	:26.46	2012			
55 - 59	Tom Gittins	Falls Church	:27.31	2018			
60 - 64	Chris Laiti	Leesburg	:27.87	2021			
65 - 69	Kevin Culhane	Lorton	:28.56	2013			
70 - 74	Kevin Culhane	Lorton	:29.44	2018			

70 - 74	Kevin Culhane	Lorton	:29.44	2018
75 - 79	Kevin Culhane	Lorton	:31.88	2022*
80 - 84	John Woodward	Fairfax	:35.09	2018
85 - 89	Lawrence Cohen	Sterling	:43.37	2022*
90 - 94	J.R. Cassidy	Manassas	:57.46	2006
95 - 99	Gene Mulligan	Falls Church	1:51.72	2022*

List of Participants 2022							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	54	Art	Singletery	Fairfax	32.40
M	55-59	Gold	57	Mark	Ross	Gainesville	33.90
M		Silver	56	Ronald	Molteni	Arlington	37.07
M		Bronze	58	Mark	Christoffersen	Herndon	45.59
M			58	Stephen	Neal	Chantilly	DNP
M			57	Steve	Vekony	Arlington	DNP
M			59	Tim	Stroud	Alexandria	DNP
M	60-64	Gold	62	Chris	Laiti	Leesburg	28.22
M		Silver	61	Gregory	DeRosa	Herndon	29.72
M		Bronze	60	John	Leahy	Springfield	34.22
M			4	Slawomir	Olender	McLean	40.07
M			5	Radoslaw	Radzikowski	Haymarket	1:17.82
M			64	John	Gudgel	Herndon	DNP
M	65-69	Gold	67	Benjamin	Viellieu	Burke	35.78
M		Silver	67	Kap	Ro	Nokesville	45.13
M			69	Ken	Freund	Alexandria	DNP
M	70-74	Gold	71	Douglas	SHAW	Herndon	40.06
M		Silver	72	Joseph	White	Fairfax	40.84
M		Bronze	74	Eiji	Yasuhara	Sterling	47.60
M			4	Steve	Stone	Sterling	53.78
M			71	David	Nolan	Arlington	DNP
M	75-79	Gold	76	Kevin	Culhane	Lorton	31.88*
M		Silver	78	Donald	Meli	Annandale	43.19
M		Bronze	75	Benyuan	Meng	Vienna	45.38
M			4	George	Dellagiarino	Reston	1:11.50
M			78	Charles	Kleymeyer	Arlington	DNP
M	80-84	Gold	84	John	Woodward	Fairfax	39.15
M		Silver	80	Hugh	McGee	Annandale	43.90
M		Bronze	82	John	Dineen	Springfield	44.69
M			4	Herb	Levitan	Arlington	51.32
M			5	Carlos	Rodriguez	Dumfries	1:05.07

M	85-89	Gold	87	Lawrence	Cohen	Sterling	43.37*
M		Silver	85	Robert	Warne	Falls Church	2:02.72
M			86	Andy	Kapfer	Annandale	DNP
M			87	Elmer Robert -	Premo	Arlington	DNP
M			87	Niel	Sween	Vienna	DNP
M	90-94	Gold	93	Phil	Case	Springfield	1:09.50
M		Silver	90	William	Wieand	McLean	1:17.65
M		Bronze	90	John	Ewing	Falls Church	1:38.88
M	95-99	Gold	96	Gene	Mulligan	Falls Church	1:51.72*
M			97	Dixon	Hemphill	Fairfax Station	DNP