Event: 1600M Walk

Women Record Holders

1600 METER WALK - INDOOR TRACK – WOMEN

50 - 54	Monica Hill	Woodbridge	12:48	2015
55 - 59	Maryann Schwab	Fairfax	11:01	2007
60 – 64	Monica Hill	Woodbridge	11:39.0	2021
65 – 69	Debbi Miller	Fairfax	12:30.59	2014
65 – 69	Hannah Phillips	Alexandria	10:54	2018
70 - 74	Dorothy Skinner	Alexandria	12:02	2007
75 – 79	Beth Baynes	Alexandria	12:41.5	2021
80 - 84	Mary Boska	Alexandria	13:50	2007
85 – 89	Efthalia Papailias	Arlington	14:44	2017
90 – 94	Janine Bland	Arlington	15:40.0	2021

List of Participants 2022 1600M Walk Women

Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	60-64		60	Kathy	Talman	Clifton	DNP
F	65-69	Gold	68	Marian	McLaughlin	Springfield	13:38:00
F	65-69	Silver	69	Melinda	Lynam	Alexandria	13:53:00
F	65-69		69	Helen	White	Arlington	DNP
F	70-74	Gold	71	Christy	Gavitt	Fairfax	13:51:00
F	70-74	Silver	70	meena	bhagat	Ashburn	17:55:00
F	70-74		71	Bonnie	Coles	Alexandria	DNP
F	70-74		71	Deborah	Colley	Alexandria	DNP
F	75-79	Gold	76	Beth	Baynes	Alexandria	14:55:13
F	75-79	Silver	75	Judith	Heusmann	Springfield	15:01:00

F	80-84	Gold	81	Susan	Kilpatrick		14:47:09	
F	80-84	Silver	80	Margaret	Jones	Woodbridge	15:14:47	
F	80-84	Bronze	82	Louise	Smith	Arlington	16:28:53	
F	80-84	4	83	Mary	DAlessandris	Falls Church	17:55:91	
F	80-84		84	Nancy	Gesswein	Potomac Falls	DNP	
F	85-89		86	Annmarie	Pittman	Alexandria	DNP	
F	90-94	Gold	91	Janine	Bland	Arlington	16:33:59	
Men Record Holders								
	1600 METER WALK - INDOOR TRACK – MEN							
	50 - 54	Peter Blank		Annandale	9:47	2007		
	55 – 59	Peter Blank		Annandale	9:07.8	2009		
	60 – 64	Thomas Augustine		Woodbridge	10:22	2012		
	65 - 69	Steven Meredith		Amissville	10:17	2019		
	70 - 74	Jeffrey Klemm		McLean	10:58.75	2021		
	75 - 79	James W.C. Chang		Oakton	11:44	2012		
	80 – 84	Karl Mueller		Alexandria	12:02.12	2022*		
	85 - 89	Thomas Tobias		Haymarket	12:28.04	2021		
	90 – 94	Leonaard Kalkwarf		Springfield	16:14.5	2021		
	95 – 99	Julius Delpizzo		Springfield	15:46.87	2021		
	List of Participants 2022			1600M Walk Men				
Sex	**Age Group**	**Place**	**Age**	**Firstname**	**Lastname**	**City**	**Results**	
M	55-59	Gold	58	Stephen	Neal	Chantilly	12:15:37	
M	55-59	Silver	56	Paul	Hession	Fairfax	13:36:00	
M	60-64	Gold	60	Kit	Sheffield	Vienna	11:43:41	
M	60-64	Silver	63	John	Sullivan	Fairfax	11:48:50	

M	60-64	Bronze	62	James	Doperalski	Alexandria	13:21:00	
M	60-64		62	Jon	Berglund	Springfield	DNP	
M	65-69		69	Rob	Aaront	Centreville	DNP	
M	70-74	Gold	71	Jeffrey	Klemm	McLean	11:14:43	
M	70-74	Silver	72	Tom	Augustine	Woodbridge	12:18:36	
M	70-74	Bronze	74	Eiji	Yasuhara	Sterling	14:09:10	
M	70-74		72	Michael	McCormick	Alexandria	DNP	
M	75-79	Gold	76	Bill	Palmer	Arlington	12:00:40	
M	80-84	Gold	82	Karl	Mueller	Alexandria	12:02:12	
M	80-84	Silver	83	Amnon	Golan	Arlington	12:27:40	
M	85-89	Gold	89	Thomas	Tobias	Haymarket	13:16:00	
M	85-89		85	Roger	Webb	Ashburn	DNP	
M	90-94		90	Dominador	Endoso	Annandale	DNP	
M	90-94		92	Kent	Halstead	Ashburn	DNP	
M	90-94		94	Leonard	Kalkwarf	Springfiled	DNP	