EVENT: Rowing

women record holders

ROWING – 2 Km - WOMEN (NEW IN 2013)

50-54	Tatiana Molyanova	Leesburg	8:26.5	2019
55-59	Judi Miller	Bristow	8:20.3	2018
60-64	Karen Keith	Gainsville	8:45.7	2022*
65-69	Joan Girardi	Manassas	9:44.0	2019
70-74	Eileen Ryan	Arlington	8:22.6	2021
70-79	Marge Fatula	Woodbridge	12:09.5	2013
75-79	Jacqueline Stephens	Fairfax Station	11:20.2	2015
80-84	Sheila Gildea	McLean	12:22.0	2014
85-89	Sheila Gildea	McLean	13:06.7	2015

List of Participants 2022

Sex	Age Group	Age	Place	Firstname	LastName	City	Results	ave/500M
F	50 - 54	52		Casey	Weiser	Arlington	DNP	
F	55 - 59	57	Gold	Tatiana	Molyanova	Leesburg	8:46.0	2:11.5
F	60 - 64	62	Gold	Karen	Keith	Gainesville	8:45.7*	2:11.4
F		64	Silver	Linda	Sholl	Arlington	10:52	2:45.1
F	65 - 69	68	Gold	Lillian	Brown	Sterling	10:40.7	2:40.2
F		69	Silver	Melinda	Lynam	Alexandria	11:16.3	2:49.1
F	70 - 74	72	Gold	Jill	Hill	Springfield	11:06.9	2:46
F		74		Carol	Patch	Arlington	DNP	
F	75 - 80	75	Gold	Judith	Heusmann	Springfield	13:21.0	3:20.3

Men Record holders

ROWING – 2 Km - MEN (NEW IN 2013)

50-54	Robert Montenegro	Oakton	7:14.6	2018
55-59	John Armstrong	Centerville	7:07.4	2022*
60-64	Mark Mildorf	Alexandria	7:30.9	2018
65-69	Marshall Keith	Gainesville	7:16.8	2022*
70-74	Peter McGuirk	Arlington	7:18.8	2013
75-79	Kenneth Weinsapfel	Gainesville	8:20.7	2017
80-84	Karl Mueller	Alexandria	8:33.6	2022*
85-89	Bill Wieand	McLean	10:47.1	2017
90-94	Bill Wieand	McLean	11:29.9	2022*

List of Participants 2022

Sex	Age Group	Age	Place	Firstname	LastName	City	Results	ave/500M
M	50 - 54	51	Gold	Jimmy	Simpson	Vienna	7:47.4	1:56.9
M	55 - 59	59	Gold	John	Armstrong	Centreville	7:07.4*	1:46.9
M		58	Silver	Mark	Christoffersen	Herndon	10:20.0	2:35.0
M		55		JJ	Sunday	Arlington	DNP	
M		56		Louis	Novak	Alexandria	DNP	
M	60 - 64	64	Silver	Gordon	Smith	Alexandria	7:38	1:54.7
M		61	Gold	Thomas	Sampson	Clifton	7:49.5	1:57.4
M		63	Bronze	John	Sullivan	Fairfax	8:17.1	2:04.3
M		62	4	Michael	Meier	Vienna	8:31.2	2:07.8
M		61		Dennis	Becker	Herndon	DNP	
M	65 - 69	66	Gold	Marshall	Keith	Gainesville	7:16.8*	1:49.2
M		66	Silver	Bill	Highsmith	Arlington	7:57.6	1:59.4
M		65	Bronze	David	Reip	Springfield	9:09.0	2:17.3
M		69	4	Ken	Freund	Alexandria	10:37.1	2:39.3

M	70 - 74	71	Gold	Michael	Coleman	Falls Church	8:37.9	2:09.5		
M		72	Silver	Michael	McCormick	Crozet	9:51.1	2:27.8		
M	75 - 79	75	Gold	Andrew	Leighton	Arlington	10:19.8	2:35.0		
M		79		Daniel (Eric)	Seline	Mclean	DNP			
M	80 - 84	82	Gold	Karl	Mueller	Alexandria	8:33.6*	2:08.4		
		83	Silver	Amnon	Golan	Arlington	8:47.0	2:19.2		
M		83	Bronze	Herb	Levitan	Arlington	9:30	2:22.6		
M		84	4	John	Ewing	Falls Church	13:55.0	3:15.6		
M	85 - 89	87	Gold	Jay	Edwards	McLean	13:57.2	3:29.3		
M		87		Elmer Robert	Premo	Arlington	DNP			
M	90 - 94	90	Gold	William	Wieand	McLean	11:29.9*	2:52.5		
M		94	Silver	Leonard	Kalkwarf	Springfiled	15:22.2	3:50.6		
	* = New Record set									
	DNP = Did not Participate									