Event: 1600M Run

Women Record Holders

1600 METER RUN – INDOOR TRACK – WOMEN (New in 2011)

50-54	Yuko Whitestone	Fairfax	6:35	2022*
55-59	Kathy Talman	Clifton	6:46.9	2021
60-64	Koanne Shabelski	Springfield	7:08.09	2021
65-69	Hannah Phillips	Alexandria	7:19	2017
70–74	Judy Snellgrove	Manassas	9:49	2016
75-79	Ruth Hamilton	McLean	8:50	2022*

List of Participants 2022 Womens 1600 Run

Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54	Gold	50	Yuko	Whitestone	Fairfax	6:35:00
F	50-54		54	JT	Thomas	Alexandria	DNP
F	55-59	Gold	59	Kathy	Talman		6:47:00
F	55-59	Silver	56	Daphne	Yang	Fairfax	9:56:22
F	55-59		58	Amy	Levinrad	Ashburn	DNP
F	75-79	Gold	75	Ruth	Hamilton	McLean	8:50:00

Men Record Holders

1600 METER RUN – INDOOR TRACK – MEN (New in 2011)

50-54	Duane Williamson	Warrenton	5:28	2015
55-59	David Pinkham	Leesburg	5:29.59	2018
60-64	Stephan Moretti	West Springfield	5:42	2018
65-69	Paul Ryan	Arlington	6.00	2016
70-74	Jason Page	Hamilton	6:23	2015
75-79	Alphonse Piekut	Vienna	8:04	2018
80-84	Eamonn McEvilly	Springfield	7:57	2022*
85-89	Peter Han	Alexandria	8:02	2016

Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	60-64	Gold	63	Matt	Mohler	Herndon	7:38:66
M	60-64	Silver	61	Ted	Poulos	McLean	12:57:00
M	65-69	Gold	66	Bill	Highsmith	Arlington	7:42:34
M	70-74	Gold	72	Mike	McCormick		8:28:00
M	70-74	Silver	71	Jeffrey	Klemm	McLean	9:01:71
M	70-74	Bronze	71	Rapheal	Katkin	Burke	9:10:94
M	70-74	4	74	William	Guey-Lee	Arlington	10:30:00
M	75-79	Gold	75	Pete	Kelly	Catlett	9:05:34
M	75-79	Silver	75	Doyle	Talkington	Haymarket	9:48:19
M	75-79	Bronze	75	Eric	Assur	Fairfax	10:01:00
M	75-79	4	76	Robert	Grannis	Manassas	10:03:00
M	75-79	5	75	Andrew	Leighton	Arlington	11:54:00
M	80-84	Gold	80	Eamonn	McEvilly	Springfield	7:57

M	85-89	Gold	85	Ken	Quincy	Viennna	12:47:72
M	85-89		86	Alan	Rider	Reston	DNP
M	95-99		97	Dixon	Hemphill	Fairfax Station	DNP