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## **NVSO Concludes with Many Earning Medals and Breaking Records**

The Northern Virginia Senior Olympics (NVSO) ended its two weeks of competition Saturday, Sept. 24. Hundreds of gold, silver and bronze medals were awarded to seniors who participated in more than 70 events. Over 40 records were broken in nearly 20 different events. Most events are played in five or 10 year age groups which means one event could award more than one gold medal.

NVSO Chair Herb Levitan said, “We celebrated our 40<sup>th</sup> anniversary this year with a tremendously successful event. Photos were taken by OLLI photographers at most events and along with the final results of each event have been posted on our website at [www.nvso.us](http://www.nvso.us).” Levitan also said, “It takes a monumental effort by a group of dedicated volunteers, support from jurisdictional sponsors, patrons and of course, our enthusiastic participants to offer NVSO each year.”

“Planning for the 2023 NVSO begins almost immediately with a de-briefing session in October,” said Levitan. He also said the NVSO committee welcomes new members. For more information, email, [nvso1982@gmail.com](mailto:nvso1982@gmail.com).

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