

Event:	60M Dash						
Women Record Holders							
60 METER DASH - INDOOR TRACK – WOMEN							
50 - 54	JT Thomas	Alexandria	9.44	2021			
55 - 59	Sabrina Tormoen	Bealeton	9.22	2022*			
60 - 64	Lee Anne Orndorff	Alexandria	9.75	2022*			
65 - 69	Hannah Phillips	Alexandria	10.00	2018			
70 - 74	Mary White	Arlington	11.10	2016			
75 - 79	Mary White	Arlington	10.16	2021			
80 - 84	Josephine Stewart	Manassas	12.09	2007			
85 - 89	Josephine Stewart	Manassas	12.70	2010			
90 – 94	Josephine Stewart	Manassas	13.7	2013			
List of Participants 2022							
60M Women							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54		54	JT	Thomas	Alexandria	DNP
F	55-59	Gold	58	Sabrina	Tormoen	Bealeton	9:22*
F		Silver	56	Denise	Lawson	Springfield	9:68
F			58	Amy	Levinrad	Ashburn	DNP
F			59	Sheryl	Williams	Alexandria	DNP
F	60-64	Gold	60	Lee Anne	Orndorff	Alexandria	9:75*
F		Silver	60	Vanstacia	Jackson	Alexandria	11:63
F		Bronze	62	Lynn	Thompson	Fairfax	13:62
F	70-74	Gold	72	Patricia	Joyner	Alexandria	13:85

F	75-79	Gold	76	Gloria	Raddatz	Leesburg	13:75
F		Silver	75	Judith	Heusmann	Springfield	13:92
F	85-89	Gold	85	Alease	Brooks	Arlington	23:78
	Men Record Holders						
60 METER DASH - INDOOR TRACK – MEN							
	50 - 54	Seth Herz		Annandale	7.60	2021	
	55 - 59	Charles Crum		Beaeton	8.3	2013	
	55 – 59	Zach McBride		Woodbridge	8.28	2018	
	60 - 64	Gracus Dunn		Woodbridge	7.78	2021	
	65 - 69	Schuyler Webb		Arlington	7.85	2017	
	70 - 74	Douglas Hastings		Gainesville	8.50	2021	
	75 - 79	Clarence John Wells-Martin		Herndon	9.31	2021	
	80 - 84	Wayne Wilson		Haymarket	10.44	2018	
	85 – 89	Jerry Bradley		Oakton	11.15	2021	
	90 – 94	Andy Simko		Springfield	15.19	2008	
	95 – 99	Dixon Hemphil		Fairfax Station	32.88	2021	
	List of Participants 2022			60M Men			
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	53	Edgar	Hahn	Alexandria	7:98
M		Silver	52	Darren	Snow	Warrenton	9:21
M			53	Guster	Cunningham III	Alexandria	DNP
M	55-59	Gold	57	Keenan	Smith	Woodbridge	8:93
M		Silver	56	Martin	Bergmann	Arlington	9:03
M		Bronze	58	Stephen	Neal	Chantilly	11:12
M			58	Craig	Greene	Manassas	DNP

M	60-64	Gold	61	Robert	Higgins	Leesburg	8:63
M		Silver	61	Kenneth	ONeal	Alexandria	9:11
M		Bronze	62	Jeff	Dye	Fairfax	9:13
M		4	62	Jon	Berglund	Springfield	13:09
M			60	Kamran	Manafi	Gainesville	DNP
M	70-74	Gold	74	Jeff	Young	McLean	8:90
M		Silver	72	Rick	Bender	Reston	8:92
M		Bronze	74	Eiji	Yasuhara	Sterling	9:94
M		4	71	Allan	Dosik	Arlington	10:31
M	75-79	Gold	76	Bill	Palmer	Arlington	9:62
M		Silver	76	Terrence	Modglin	Falls Church	10:38
M		Bronze	78	Donald	Meli	Annandale	10:85
M			76	John	Cordyack	Reston	DNP
M			76	James	Etter	Fairfax	DNP
M			75	Daniel J	Nally	Warrenton	DNP
M			79	Daniel (Eric)	Seline	McLean	DNP
M	80-84	Gold	80	john	Koslin	Fairfax Station	11:06
M		Silver	81	Dick	Nanto	Clifton	11:09
M		Bronze	82	Woody	Hair	Arlington	11:62
M		4	83	Carlos	Rodriguez	Dumfries	14:28
M	85-89	Gold	87	Jerry	Bradley	Oakton	11:81
M		Silver	87	Hyung	Park	Springfield	12:40
M		Bronze	88	Robert	Hannah	Oakton	16:91
M			87	Jay	Edwards	McLean	DNP
M			87	Elmer Robert -	Premo	Arlington	DNP
M			86	Alan	Rider	Reston	DNP

M	90-94	Gold	92	Kent	Halstead	Ashburn	15:66
M		Silver	94	Leonard	Kalkwarf	Springfiled	22:37
M			97	Dixon	Hemphill	Fairfax Station	DNP