

For Immediate Release July 2023

contact: Judy Massabny
jmassa@arlingtonva.us

NVSO Registration Opens Over 70 Events Offered

Registration for the 2023 Northern Virginia Senior Olympics has opened online at www.nvso.us. Over 70 events from track and field to croquet and bocce, to swimming and pickleball are on the two week schedule beginning Saturday, Sept. 9 and closing Sunday, Sept. 24. “There are also more than 10 indoor events such as 10 pin bowling, canasta, crossword puzzles, Mexican train dominoes and more.,” said Herb Levitan, NVSO chair.

“We encourage folks 50 years of age and older who live in one of our sponsoring jurisdictions to check out the full list of events on our website,” said Levitan. “There are also great photos, rules for each event, results from last year and the place to register to participate in this year’s events,” Levitan said.

After each event, gold, silver and bronze medals are awarded. Most events are played in five or ten year age groups and by gender. The registration fee is \$20 for unlimited events. There are five events that require an additional fee, ten pin bowling, disc golf, cycling, 9 hole, 3 par golf and orienteering. Members of the general public are welcome to observe those participating. For more information, email, nvso1982@gmail.com.

NVSO is sponsored by the cities of Alexandria, Fairfax, and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William. To date, 2023 Gold Patrons are Advanced Hearing Services, Inc.; Aetna; Elancé Luxury Living; Facial Plastic Surgery Center; Goodwin Living; Greenspring Village; Hunters Woods at Trails Edge; The Jefferson; Retirement Unlimited, Inc., Sentara Health Plans and Falcons Landing.

#####