

		EVENT	Football Throw				
		Women Record Holders					
		FOOTBALL THROW – WOMEN (New in 2012)					
50 – 54	Colleen Cornwell	Manassas	73'	2016			
55 – 59	Sabrina Tomoen	Bealeton	85' 11"	2023*			
60 – 64	Lee Anne Orndorff	Alexandria	89' 2"	2023*			
65 – 69	Jane Hoge	Falls Church	59' 11"	2018			
70 – 74	Jane Hoge	Falls Church	56' 2"	2023*			
75 – 79	Georgia Fuller	Falls Church	46' 11"	2021			
80 – 84	SC Whitehouse	Potomac Falls	22' 5"	2023*			
85 – 89	Sheila Gildea	McLean	27' 4"	2016			
90 – 94	Rosemary Furcher	Annandale	17' 5"	2017			
		List of Participants 2023					
Sex	Age Group	Place	Age	Firstname	LastName	City	Results
F	50-54	Gold	51	Janeen	Hair	Woodbridge	62' 2"
F	55-59	Gold	59	Sabrina	Tormoen	Bealeton	85' 11" *
F		Silver	58	Kristin	Haynes	Annandale	50' 5"
F	60-64	Gold	61	Lee Anne	Orndorff	Alexandria	89' 2" *
F		Silver	60	Colleen	Cornwell	Manassas	64' 7"
F		Bronze	60	Karyn	Moreland	Aldie	56' 5"
F			4	Betsy	Berglund	Springfield	35' 6"
F			5	Lynn	Thompson	Fairfax	32' 11"
F	65-69	Gold	66	Carol	Mcelroy	Woodbridge	35' 4"
F		Silver	65	Kathleen	Wilson	Springfield	53' 1"
F			67	dixie	duncan	Arlington	DNP
F	70-74	Gold	71	Jane	Hoge	Falls Church	56' 2" *
F	75-79	Gold	78	Nancy	Joyner	Annandale	34' 11"
F		Silver	76	Jacqueline	Miller	Alexandra	28' 6"
F	80-84	Gold	82	SC	Whitehouse	Potomac Falls	22' 5" *
F		Silver	84	Rosemary	Adams	Potomac Falls	17' 8"
F		Bronze	83	Barbara	O'Brien	Potomac Fallx	16' 10"

Sex	Age Group	Place	Age	Firstname	LastName	City	Results
M	50-54	Gold	50	Brian	Hair	Woodbridge	133' 3" *
M			50	Paul	Smith	Arlington	DNP
M			53	Darren	Snow	Warrenton	DNP
M	55-59	Gold	57	Magdi	Amin	McLean	69' 8"
M		Silver	59	Stephen	Neal	Chantilly	60' 5"
M			57	Jeff	Huse	Centreville	DNP
M	60-64	Gold	62	Michael	Purcell	Ashburn	118' 1" *
M		Silver	62	Ken	Moreland	Aldie	103' 0"
M		Bronze	63	Jon	Berglund	Springfield	97' 7"
M		4	64	Louie	Harris	Clifton	83' 2"
M			61	Patrick	OBriant	Arlington	DNP
M	65-69	Gold	67	William	Hlghsmith	Arlington	83' 1"
M		Silver	65	Patrick	Manley	Alexandria	60' 7"
M		Bronze	67	John	Schneider	Reston	51' 0"
M			68	Gregg	Pane	McLean	DNP
M			66	Larry	Moon	Leesburg	DNP
M	70-74	Gold	71	Rod	Hupp	Falls Church	98' 3"
M		Silver	74	Doug	Hastings	Gainesville	94' 9"
M		Bronze	70	Ken	Freund	Alexandria	51' 8"
M		4	74	Kenneth	Mass	Falls Church	49' 10"
M		5	73	Magdi Michael	Kallini	Fairfax	34' 7"

Men Record Holders

FOOTBALL THROW – MEN (New in 2012)

50 – 54	Brian Hair	Woodbridge	133' 3"	2023*
55 – 59	Thomas Sampson	Clifton	130' 0.5"	2018
60 – 64	Michael Purcell	Ashburn	118' 1"	2023*
65 – 69	Doug Hastings	Alexandria	110' 10"	2014
70 – 74	Frederick Hacker	Fairfax	104' 3"	2012
75 – 79	Bernhard Stamm	Ashburn	101' 6"	2014
80 – 84	Bernhard Stamm	Ashburn	86' 8 1/2"	2019
85 – 89	Jerry Bradley	Oakton	57' 7"	2021
90 – 94	Donald Tanner	Ashburn	39' 8"	2019
95 – 99	Donald Brooks	Potomac Falls	22' 10"	2017

M	75-79	Gold	75	Gharemon	Suleymon	McLean	68' 8"	
M		Silver	75	Eiji	Yasuhara	Sterling	66' 8"	
M		Bronze	76	Don	Sodo	Dumfries	64' 7"	
M			4	76	Jack	Katosh	Arlington	51' 6"
M			5	79	Don	Meli	Annandale	48' 8"
M			6	77	Matt	Kline	Alexandria	46' 6"
M			7	79	Charles	Kleymeyer	Arlington	42' 8"
M				78	Thomas	Sullivan	Oakton	DNP
M				77	John	Cordyack	Reston	DNP
M	80-84	Gold	81	Robert	Foor	Alexandria	56' 5"	
M		Silver	84	Carlos	Rodriguez	Dumfries	45' 9"	
M		Bronze	84	Herb	Levitan	Arlington	38' 9"	
M				82	John	Foti	Potomac Falls	DNP
M	85-89	Gold	86	Andrew	Dixon	Fairfax	56' 9"	
M		Silver	88	Jerry	Bradley	Oakton	49' 8"	
M		Bronze	87	Eddie	Ladd	Potomac Falls	38' 8"	
M			4	89	Robert	Strohmayr	Burke	21' 6"
M				88	Jay	Edwards	McLean	DNP
M	90-94	Gold	90	Bill	Brennan	Annandale	37' 4"	
M		Silver	92	Richard	Ragold	Gainesville	36' 8"	
M				92	John	Ewing	Falls Church	DNP
M	95-99			95	Leonard	Kalkwarf	Springfield	DNP