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|---|------------------|-----------------|-----------------------------|------------------|-----------------|-------------|----------------|
| | | EVENT: | Swim 50 Breaststroke | | | | |
| Women Record Holders | | | | | | | |
| SWIMMING – BREAST STROKE 50 YDS- WOMEN | | | | | | | |
| 50 - 54 | Elaine Clancy | McLean | :45.65 | 2015 | | | |
| 55 - 59 | Joanne Leilich | Springfield | :41.54 | 1997 | | | |
| 60 - 64 | Susan Maguire | Arlington | :43.0 | 2012 | | | |
| 65 - 69 | Denis Kirwan | Leesburg | :43.41 | 2018 | | | |
| 70 - 74 | Denis Kirwan | Leesburg | :45.69 | 2022 | | | |
| 75 - 79 | Fidelita Levy | Alexandria | 1:02.41 | 2016 | | | |
| 80 - 84 | Minna Hammer | Fairfax Station | 1:10:82 | 2003 | | | |
| 85 - 89 | Minna Hammer | Fairfax Station | 1:25.00 | 2009 | | | |
| List of Participants 2023 | | | | | | | |
| Sex | Age Group | Age | Place | Firstname | LastName | City | Results |
| F | 55-59 | 57 | Gold | Marilyn | Lipstreuer | Bristow | 43.91 |
| F | 55-59 | 55 | Silver | Laura | Wissing | Ashburn | 49.09 |
| F | 55-59 | 56 | Bronze | Susanna | Brown | Aldie | 1:09.50 |
| F | 60-64 | 60 | Gold | Karyn | Moreland | Aldie | 1:59.65 |
| F | 60-64 | 62 | | Karen | DeRosa | Oak Hill | DNP |
| F | 65-69 | 67 | | Jacqueline | Fogg | Arlington | DNP |
| F | 70-74 | 71 | Gold | Denise | Kirwan | Leesburg | 53.81 |
| F | 75-79 | 76 | Gold | Jennifer | Johnston | Annandale | 1:55.47 |
| F | 75-79 | 76 | | Ruth | Hamilton | McLean | DNP |
| Men Record Holders | | | | | | | |
| SWIMMING – BREAST STROKE 50 YDS – MEN | | | | | | | |
| 50 - 54 | Dan Meek | Arlington | :31.47 | 2008 | | | |
| 55 - 59 | James Hill | Springfield | :34.35 | 2007 | | | |
| 60 - 64 | James Hill | Springfield | :37.48 | 2010 | | | |
| 65 - 69 | Kevin Culhane | Lorton | :38.25 | 2015 | | | |
| 70 - 74 | Kevin Culhane | Lorton | :38.53 | 2017 | | | |
| 75 - 79 | Kevin Culhane | Lorton | :42.34 | 2022 | | | |
| 80 - 84 | Lawrence Cohen | Sterling | :51.46 | 2015 | | | |
| 85 - 89 | Vsevolod Ivanov | Arlington | :57.09 | 2018 | | | |
| 90 - 94 | Vsevolod Ivanov | Arlington | 1:13.25 | 2023* | | | |
| Sex | Age Group | Age | Place | Firstname | LastName | City | Results |
| M | 50-54 | 51 | Gold | Jeff | Woodall | Sterling | 45.88 |

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|---|-------|----|--------|-----------|------------|---------------|----------|
| M | 55-59 | 55 | Gold | Art | Singletary | Fairfax | 37.31 |
| M | 55-59 | 58 | Silver | Mark | Ross | Gainesville | 43.19 |
| M | 55-59 | 57 | Bronze | Sean | Sinclair | Vienna | 45.47 |
| M | 55-59 | 59 | | Stephen | Neal | Chantilly | DNP |
| | | | | | | | |
| M | 60-64 | 64 | Gold | Slawomir | Olender | McLean | 50.62 |
| M | 60-64 | 62 | Silver | Ken | Moreland | Aldie | 1:06.2 |
| M | 60-64 | 60 | | Michael | Andrien | Fairfax | DNP |
| | | | | | | | |
| M | 65-69 | 68 | Gold | Benjamin | Viellieu | Burke | 47.28 |
| M | 65-69 | 65 | Silver | John | Gudgel | Herndon | 1:04.5 |
| | | | | | | | |
| M | 70-74 | 70 | Gold | Ken | Freund | Alexandria | 1:09.28 |
| M | 70-74 | 73 | | Steve | Stone | Frederick | DNP |
| | | | | | | | |
| | | | | | | | |
| M | 75-79 | 77 | Gold | Kevin | Culhane | Purcellville | 43.96 |
| M | 75-79 | 78 | Silver | James | Leimkuhler | McLean | 53.94 |
| M | 75-79 | 75 | Bronze | Eiji | Yasuhara | | 59.0 |
| M | 75-79 | 79 | | 4 Don | Meli | Annandale | 1:05.53 |
| M | 75-79 | 79 | | Charles | Kleymeyer | Arlington | DNP |
| | | | | | | | |
| M | 80-84 | 81 | Gold | Frederick | Zamon | Fairfax | 54.47 |
| M | 80-84 | 84 | Silver | Carlos | Rodriguez | Dumfries | 1:10.47 |
| M | 80-84 | 84 | | Herb | Levitan | Arlington | DNP |
| | | | | | | | |
| M | 85-89 | 86 | Gold | Paul | Schwartz | Potomac Falls | 1:08.68 |
| M | 85-89 | 88 | | Lawrence | Cohen | Sterling | DNP |
| | | | | | | | |
| M | 90-94 | 90 | Gold | Vsevolod | Ivanov | Arlington | 1:13.25* |
| M | 90-94 | 92 | | John | Ewing | Falls Church | DNP |