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## **NVSO Participants Set 46 New Records**

At the recent conclusion of the 2023 Northern Virginia Senior Olympics, Herb Levitan, Chair, reported 46 new records were set during the two weeks of events, Sept. 9 – 24. He said the record breaking events were in diving, swimming, ten pin bowling, six track events, four field events and the 5K trail race

Multiple gold, silver and bronze medals were awarded at nearly 70 events. “We had pretty good weather throughout until the next to last day when we had to reschedule a couple of events thanks to Tropical Storm Ophelia,” said Levitan. Detailed results and photos are on the NVSO website at [www.nvso.us](http://www.nvso.us).

NVSO also set a new a record with 924 men and women over the age of 50 registered, an 11% increase over 2022. More men than women registered and the greatest percentage of men were in the 75-79 age group and for women it was the 75-84 age group. The oldest participant was Eva Sorensen of Alexandria, age 100. She participated in ten pin bowling, cribbage, Mexican train dominoes and rummikub.

Levitan congratulated the many event directors and volunteers who contributed to a “very successful 2023 Northern Virginia Senior Olympics.” NVSO is sponsored by the cities of Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Loudoun, Fauquier and Prince William. 2023 Gold Patrons were Advanced Hearing Services, Inc.; Aetna; Elancé Luxury Living; Facial Plastic Surgery Center; Goodwin Living; Greenspring Village; Hunters Woods at Trails Edge; The Jefferson; Retirement Unlimited, Inc., Sentara Health Plans and Falcons Landing.

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