



Men Record Holders							
<b>SWIMMING – FREESTYLE 100 YDS – MEN (NEW IN 2014)</b>							
	50 – 54	Mark Harris		Alexandria	:56.21		2016
	55 – 59	Tom Gittins		Falls Church	:59.63		2018
	60 – 64	Bret Bailey		Bristow	1:04.59		2023*
	65 – 69	Bruce Fisher		Fairfax	1:06.3		2014
	70 – 74	Bruce Fisher		Fairfax	1:11.34		2018
	75 – 79	Howard Rolston		Arlington	1:13.82		2019
	80 – 84	John Woodward		Fairfax	1:24.06		2018
	85 – 89	John Woodward		Fairfax	1:31.31		2023*
	90 – 94	Phil Case		Springfield	2:36.45		2019
Sex	Age Group	Age	Place	Firstname	LastName	City	Results
M	50-54	51	Gold	Jeff	Woodall	Sterling	1:10.72
M	55-59	58	Gold	Mark	Ross	Gainesville	1:15.74
M		57	Silver	Ronald	Molteni	Arlington	1:22.90
M		57	Bronze	Sean	Sinclair	Vienna	1:34.00
M		59		Stephen	Neal	Chantilly	DNP
M	60-64	64	Gold	Bret	Bailey	Bristow	1:04.59*
M		64	Silver	Slawomir	Olender	McLean	1:37.26
M		64	Bronze	William	Sulik	Springfield	1:50.50
M		62	4	Ken	Moreland	Aldie	1:55.78
M		63		Chris	Laiti	Leesburg	DNP
M	65-69	67	Gold	William	WILSON	Burke	1:33.41
M		65	Silver	John	Gudgel	Herndon	1:35.09
M		68	Bronze	KAP	RO	Nokesville	1:46.16
M		68		Benjamin	Viellieu	Burke	DNP
M	70-74	73	Gold	James	Hill	Springfield	1:17.00
M		71	Silver	Frank	Millikan	Woodbridge	1:19.03
M		73	Bronze	Joseph	White	Fairfax	1:41.44
M		73	4	Gregory	Adkins	Springfield	2:04.10
M		70		Ken	Freund	Alexandria	DNP
M		72		Michael	Schlabs	Oakton	DNP
M		73		Steve	Stone	Frederick	DNP
M	75-79	78	Gold	James	Leimkuhler	McLean	1:26.70
M		79	Silver	Don	Meli	Annandale	1:37.15
M		79		Charles	Kleymeyer	Arlington	DNP
M		78		Michael	Nugent	Arlington	DNP

M	80-84	81	Gold	Frederick	Zamon	Fairfax	1:26.12
M		81	Silver	Hugh	McGee	Annandale	1:46.03
M		80	Bronze	Alphonse	Piekut	Vienna	2:16.11
M		84	4	Carlos	Rodriguez	Dumfries	3:24.38
M		84		Herb	Levitan	Arlington	DNP
M	85-89	85	Gold	John	Woodward	Fairfax	1:31.31*
M		89		George	Haggerty	Arlington	DNF
M		88		Lawrence	Cohen	Sterling	DNP
M	90-94	94	Gold	Phil	Case	Springfield	2:46.8
M		92		John	Ewing	Falls Church	DNP