

For Immediate Release 6/14/2024

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2024 Northern Virginia Senior Olympics; 83 Events, 26 Venues, Ages 50 to 100+

The Northern Virginia Senior Olympics will take place Saturday, Sept. 14 through Sunday, Sept. 29. Eighty-three events will be held at 26 indoor and outdoor venues throughout the NOVA jurisdictions. NVSO Chairman Riley Geary said “The Committee has been hard at work since January planning the 2024 events.” He also said, “Last year we had well over 900 participants and we are anticipating even more this year.”

Participants must be 50 years of age by Dec. 31 and live in one of the sponsoring jurisdictions including the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William plus the cities of Alexandria, Fairfax and Falls Church. Most events are by gender and five or 10 year age groups.

Pertinent information is on the website at www.nvso.us and a complete daily schedule of events has been added. Registration is online only and opens July 1. The registration fee remains at \$20 which covers a multitude of events. Ten pin bowling, orienteering, cycling and golf, 9 hole, 3 par require additional fees.

NVSO is a non-profit, 501-c-3 thus making donations tax deductible. Revenues received from registration fees, Patrons and individual donations are used for equipment, judges, event officials, T-shirts for participants and volunteers, graphics and flyers. There is no paid staff. Committee members include representatives and volunteers from the sponsoring jurisdictions.

2024 Gold Patrons are AARP, Greenspring by Erickson Senior Living, Goodwin Home Health, The Woodlands, The Virginian, Johns Hopkins Health Plans, The Jefferson, Adobe and Anthem. For additional information about volunteering or becoming a Patron, email, nvso1982@gmail.com.

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