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Register Early for 2024 NVSO

Online registration opened Monday, July 1 for the 2024 Northern Virginia Senior Olympics which will take place Sept. 14-29. Participants must be 50 years of age by Dec. 31, 2024 and live in one of the sponsoring jurisdictions including the cities of Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William.

Registration fee is \$20 which covers a multitude of events. Additional fees are required for 10 pin bowling, orienteering, cycling and 9-hole, 3 par golf. Most events are offered in five- and 10-year age groups and by gender. Registration is online only at www.nvso.us. The full event schedule, rules plus photos and results from 2023 are also on the website. For more specific information or to be a volunteer, contact nvso1982@gmail.com.

Riley Geary, NVSO committee chair said, “There are 83 events offered which will take place at 26 different venues throughout Northern Virginia.” Geary also said, “There are both indoor and outdoor events and some surprises such as crossword puzzles, sudoku, Rummikub and bunco in addition to pickleball, track, field, swimming, tennis and much more.”

All events are open to the public, and family and friends of the participants are welcome to come and cheer them on. 2024 Gold Patrons to date, who have each contributed \$1000, are AARP Virginia, Adobe, Anthem HealthKeepers, Goodwin Home Health, Greenspring by Erickson Senior Living, The Jefferson, Johns Hopkins Health Plans, Sentara Health Plans, The Virginian, and The Woodlands Retirement Community.

NVSO is a non-profit, 501-C-3, thus making donations tax deductible. Revenues received from registration, Patrons and individual donations are used for equipment, judges, event officials, T-shirts for participants and volunteers, graphics and flyers. There is no paid staff. Committee members include representatives and volunteers from the sponsoring jurisdictions.

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