

Responsibilities of Volunteers for NVSO Trail Race 5K

- 1) **Event:** Trail Race 5K
- 2) **Number of Volunteers Needed:** 7
- 3) **Location of Event:** Bluemont Park SOUTH Shelter, 329 North Manchester Street, three blocks north of Route 50.
- 4) **Event Director's Name:** Jay Wind
- 5) **Event Director's Contact Info:** email is racedirector@att.net and cell # is 703-505-3567
- 6) **Time Commitment:** Race starts at 10 am
- 7) **Date of events:** September 15, 2024 (Sunday)
- 8) **Volunteer Duties:**
 - a. 2 Course marshals (one at Bon Air Trail junction with Custis Trail and one at the turnaround at Abingdon Street)
 - b. Water server at Abingdon Street station
 - c. 4 at the Start and Finish to setup and collect results
- 9) **Relevant skills/experience required:** Training and orientation provided by Event Director
- 10) **Volunteer Benefits:** e.g., T-shirt indicating Volunteer with Northern Virginia Senior Olympics
- 11) **Course map** can be found on the 5K Trail Race page.