

Northern Virginia Senior Olympics (NVSO)
2024 Volunteer Request Form

- 1) **EVENT:** Track
- 2) **Number of Volunteers Needed:** 20-25
- 3) **Location of Event:** Thomas Jefferson Community Center – 3501 2nd St S., Arlington VA 22204
- 4) **Event Director's Name:** Jennifer Weber
- 5) **Event Director's Contact Info:** 703-229-0949
- 6) **Time Commitment:** 9:30am-3pm, half day option available (9:30am-12:30pm; 12pm-3pm)
- 7) **Date of event:** Saturday, September 14

8) **Volunteer Duties:**

Tasks include but are not limited to:

- Help runners/walkers count laps and be their cheerleaders
- Manage posterboard station where volunteers/family/friends will be able to make posters to help cheer on the athletes
- Give out medals to athletes
- Inform athletes of event starting times
- Help guide athletes to their starting positions

NOTE: Volunteers will receive a Volunteer T-shirt indicating that they volunteered for the Northern Virginia Senior Olympics. Also, no relevant skills or experience is required as the Event Director will provide training and orientation.