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From 2024 Paris Olympics to 2024 Paris Paralympics
To 2024 Northern Virginia Senior Olympics

“The 2024 Northern Virginia Senior Olympics (NVSO) may not have breakdancing or pole vaulting or water polo, but we do have 70 plus events including track and field, swimming, cycling, pickleball, bocce and so much more beginning Saturday, Sept 14,” said Chair Riley Geary. “Hundreds of folks are registering as they check out the wide variety of both indoor and outdoor events,” he said. “We also award gold, silver and bronze medals after each event and encourage families to attend,” he said.

Online registration closes Thursday, Aug. 29 at www.nvso.us. The fee of \$20 covers a multitude of events. Participants must be 50 years of age by Dec. 31, 2024 and live in a sponsoring jurisdiction. “Last year we hit a record number of registrations and are prepared for even more this year,” said registration chair Herb Levitan. “We have also added new events including a Sudoku pentathlon, a 100 yd. individual medley to the swimming events, and badminton and bunco are returning this year,” said Levitan.

NVSO opens Saturday, Sept. 14 at the Thomas Jefferson Community Center in Arlington and closes Sunday, Sept. 29 after 10K and 20K cycling events. Throughout the two weeks of competition, events will take place at 26 different venues throughout Northern Virginia.

Sponsors of the NVSO are Arlington County, City of Alexandria, City of Fairfax, City of Falls Church, Loudoun County, Fairfax County, Fauquier County and Prince William County. NVSO is also supported by Patrons including AARP Virginia, Adobe, Anthem Healthkeepers, Goodwin Home Health, Greenspring by Erickson Senior Living, Johns Hopkins Health Plans, Sentara Health Plans, The Jefferson, The Virginian, The Woodlands and the Woodbine, Alexandria and Belmont Bay Rehabilitation & Healthcare Centers.

NVSO is a non-profit, 501 (c) 3 thus making donations tax deductible. Revenues received from registration, Patrons and individual donations are used for equipment, judges, event officials, T-shirts for participants plus volunteers, graphics and flyers. There is no paid staff. Committee members include representatives and volunteers from the sponsoring jurisdictions.

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