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Contact: [nvso1982@gmail.com](mailto:nvso1982@gmail.com)  
[judymassabny@aol.com](mailto:judymassabny@aol.com)

## **Hundreds of Seniors (50+) Competed in NVSO Event**

Gold, silver and bronze medals were awarded to hundreds of seniors competing in five and 10 year age groups in the 2024 Northern Virginia Senior Olympics. “We had a very successful Senior Olympics with participants from all of our eight sponsoring jurisdictions,” said NVSO Chair Riley Geary. “We began with track events on Saturday, Sept. 14 and ended with cycling on Sunday, Sept. 29,” said Geary. “There were over 70 events in between held at 28 different venues each with an experienced event director and most with volunteers,” said Geary. “Our volunteers are the backbone of the events. We could never successfully execute this big of an event without them,” concluded Geary.

NVSO spokesperson Judy Massabny revealed that this was Geary’s final year as Chair and that he and his wife were retiring to Hawaii. Massabny said a wrap up report will be released as soon as the results from all of the events are completed.

2024 Gold Patrons are AARP Virginia, Adobe, Alexandria, Belmont Bay and Woodbine Rehabilitation and Healthcare Centers, Anthem HealthKeepers, Elance Luxury Living, ElderTree Care Management Services, Goodwin Home Health, Greenspring by Erickson Senior Living, Humana, Johns Hopkins Health Plans, Retirement Unlimited, Sentara Health Plans, The Jefferson, The Virginian and the Woodlands Retirement Community.

The NVSO sponsoring agencies are the cities of Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William.

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