

EVENT: Field - Mini Javelin

Women Record Holders

MINI JAVELIN THROW - WOMEN					
50-54	Maureen Pan	Alexandria	69' 6"		2016
55-59	Lisa Ninomiya	Vienna	75' 3"	22.94 M	2017
60-64	Lisa Ninomiya	Vienna	68' 7.5"	20.91	2021
65-69	Kathleen Wilson	Springfield	61' 2"	18.64	2024*
70-74	Jane Hoge	Falls Church	52' 9"	15.94	2023
75-79	Georgia Fuller	Falls Church	37' 7.5"	11.47	2021
80-84	Angela Fernandes	Burke	30' 4"		2016
85-89	Bernie Kleinschmidt	Annandale	24' 3"		2009
90-94	Alease Brooks	Arlington	16' 0.5"	4.89	2023

List of Participants 2024

Sex	Age Group	Place	Age	Firstname	LastName	City	Results	Meters
F	50-54		51	Kendra	Riggs	Arlington	DNP	
F	55-59	Gold	59	Sheila	Beard	McLean	36'9"	11.20
F	60-64		60	Amy	Levinrad	Ashburn	DNP	
F			60	Sabrina	Tormoen	Bealeton	DNP	
F			61	Colleen	Cornwell	Manassas	DNP	
F			61	Karyn	Moreland	Aldie	DNP	
F			63	Joanne	Shabelski	Springfield	DNP	
F	65-69	Gold	66	Kathleen	Wilson	Springfield	61'2"*	18.64*
F			67	Keg	Good	Woodbridge	DNP	
F			69	Doris	Granger	Sterling	DNP	
F	70-74	Gold	72	Hannah	Phillips	Alexandria	40'9"	12.42
F		Silver	72	Theresa	Buschmann	Arlington	37'7"	11.46
F	75-79	Gold	79	Georgia	Fuller	Falls Church	30'9"	9.37
F			78	Beth	Baynes	Alexandria	DNP	
F			79	Nancy	Joyner	Annandale	DNP	
F	90-94		91	Alease	Brooks	Arlington	DNP	



M	75-79	Gold	78	Paul	Decot		86'3"	26.29
M		Silver	76	George	Marmorino	Alexandria	69'3"	21.11
M		Bronze	75	James	Chalupsky	Burke	59'10"	18.24
M		4	76	Eiji	Yasuhara	Sterling	57'1"	
M		5	78	Gholam Hoss	Atashbarghi	Fairfax	42'4"	
M			75	Doug	Hastings	Gainesville	DNP	
M			76	Gharemon	Suleymon	McLean	DNP	
M			77	Don	Sodo	Dumfries	DNP	
M			79	Thomas	Sullivan	Oakton	DNP	
M	80-84	Gold	82	Parviz	Youssefi	Gainesville	58'5"	17.80
M		Silver	80	Don	Meli	Annandale	50'11"	15.52
M		Bronze	82	Dennis	Morin	Sterling	45'8"	13.92
M			81	Kenneth	Kimbrough	Arlington	DNP	
M	85-89	Gold	85	Carlos	Rodriguez	Dumfries	43'6"	13.26
M		Silver	89	Jerry	Bradley	Oakton	41'10"	15.75
M		Bronze	85	Amnon	Golan	Arlington	28'9"	8.76
M			85	Herb	Levitan	Arlington	DNP	
M			85	Bernhard	Stamm	Ashburn	DNP	
M			88	Eddie	Ladd	Potomac Falls	DNP	
M	90-94	Gold	91	Bill	Brennan	Annandale	26'10"	8.18