

**EVENT: Frisbee Throw**

Women Record Holders

<b>FRISBEE THROW – WOMEN</b>				
50 – 54	Maureen Pan	Alexandria	79' 5"	2014
55 - 59	Sue Hedges	Ashburn	92'	2015
60 - 64	Cindy Hook	Annandale	97' 6"	2018
65 - 69	Mary Williams	Woodbridge	69' 0"	1992
70 - 74	Carla Convery	Alexandria	69' 0"	1992
75 - 79	Bernie Kleinschmidt	Annandale	67' 6"	1997
80 - 89	Carla Convery	Alexandria	56'10"	2005
85 – 89	Sally Dishun	Herndon	48'	2016
90 – 99	Josephine Stewart	Manassas	36' 2"	2013

List of Participants 2024

Sex	Age Group	Place	Age	Firstname	LastName	City	Results
F	50-54		51	Kendra	Riggs	Arlington	DNP
F	55-59	Gold	59	Kristin	Haynes	Annandale	53'7"
F		Silver	59	Sheila	Beard	McLean	44'6"
F	60-64	Gold	61	Karyn	Moreland	Aldie	77'4"
F		Silver	61	Colleen	Cornwell	Manassas	72'6"
F		Bronze	62	Vanstacia	Jackson	Alexandria	43'8"
F			62	Lee Anne	Orndorff	Alexandria	DNP
F	65-69		65	Nancy	Anthony	Manassas	DNP
F	70-74	Gold	73	Louise	DiCaprio	Fairfax	39'6"
F	75-79	Gold	77	Jacqueline	Miller	Alexandra	42'10"
F		Silver	79	Georgia	Fuller	Falls Church	38'3"



M	75-79	Gold	75	James	Chalupsky	Burke	107**
M		Silver	76	Eiji	Yasuhara	Sterling	89'4"
M		Bronze	75	Alessandro	Sacilotto	Fairfax	53'3"
M			76	Gharemon	Suleymon	McLean	DNP
M			79	Thomas	Sullivan	Oakton	DNP
M	80-84	Gold	80	Chuck	Kleymeyer	Arlington	59'4"
M		Silver	80	Don	Meli	Annandale	57'5'
M		Bronze	84	Herbert	Rose	Arlington	51'
M	85-89	Gold	85	Carlos	Rodriguez	Dumfries	73'6"
M		Silver	85	Amnon	Golan	Arlington	64'1"
M		Bronze	89	Jerry	Bradley	Oakton	46'5"
M			85	Herb	Levitan	Arlington	DNP
M			88	Eddie	Ladd	Potomac Falls	DNP