

Northern Virginia Senior Olympics (NVSO)
2025 Volunteer Request Form Track Events

- 1) **EVENT:** Track Day
- 2) **Number of Volunteers Needed:** 30
- 3) **Location of Event:** Thomas Jefferson Community Center – 3501 2nd St S., Arlington VA 22204
- 4) **Event Director's Name:** Jennifer Weber
- 5) **Event Director's Contact Info:** 703-228-0949
- 6) **Time Commitment:** 9am-3pm, half day option available (9:00am-12:30pm; 12pm-3:30pm)
- 7) **Date of event:** Saturday, September 13
- 8) **Volunteer Duties:**
 - Help runners/walkers count laps and be their cheerleaders
 - Manage posterboard station where volunteers/family/friends will be able to make posters to help cheer on the athletes
 - Give out medals to athletes
 - Inform athletes of event starting times
 - Help guide athletes to their starting positions

NOTE: Volunteers will receive a Volunteer T-shirt indicating that they volunteered for the Northern Virginia Senior Olympics. Also, if no relevant skills or experience is required, an Event Director will provide training and orientation.